



YOUR MENU @

**ELLEN WILKINSON
PRIMARY SCHOOL**

----- Autumn - Winter 2024/25 -----

WEEK 1

Monday

Tuesday

Wednesday

Thursday

Friday

Choice 1

**Swedish Meatballs with
Jacket Wedges**

**Lamb & Lentil Lasagne
served with Garlic Bread**

**Roast Chicken & Stuffing
served with Roast Potatoes**

Shepherd's Pie


**Fish Fingers
with Chips**

Choice 2

**Veggie Frankfurter
Hot Dog
with Jacket Wedges** 


Fisherman's Bake

**Quorn Fillet & Stuffing
served with
Roast Potatoes** 


**Cheese &
Tomato
Pizza** 


**Veggie Keema
served with Raita
& Naan Bread** 

Choice 3

**Oriental Quorn
Stir Fry
with Noodles** 

**Jacket Potatoes
with
Various Fillings** 

**Vegetarian Pasta
& Mixed Bean
Bake** 

**Vegetable & Lentil
Curry served
with Rice** 

**Spinach & Feta
Whirl
with Chips** 

Vegetable Selection

**Sweetcorn
Fresh Broccoli**

**Green Beans
Fresh Carrots**



**Seasonal Fresh
Vegetables**

**Mixed Vegetables
Sweetcorn**



**Garden Peas
Baked Beans**

Dessert of the Day

**Frozen Yoghurt
with Fruit*** 

 **Banana Slice*** 

 **Mango
Rice Pudding*** 

 **Apple & Cinnamon
Crumble
with Custard*** 

**Fruit, Jelly with
Ice Cream*** 

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 1

Dates: 4th Nov, 25th Nov, 16th Dec, 6th Jan, 27nd Jan, 24th Feb, 17th Mar

HALAL and Non MEAT IS SERVED AT THIS SCHOOL

KEY:  - Vegetarian  - Plant Based  - Sugar Smart
* - (Egg Free Dessert Recipe)

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AND DISCOVER



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WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	'Toad in the Hole' with Sausages & Mashed Potatoes	Chicken & Vegetable Pie with Mashed Potatoes	Roast Lamb served with Yorkshire Pudding & Roast Potatoes	Lamb & Vegetable Biryani & Dhal	Fish in Battter with Chips
Choice 2	Cauliflower Bites with Savoury Rice PB	Crushed Chickpea & Sweetcorn Mayo Wrap PB	Quorn Fillet served with Yorkshire Pudding & Roast Potatoes V	Creamy Cauli Mac & Cheese & Peas V	Tandoori Chicken in Pitta with Salad
Choice 3	Jacket Potatoes with Various Fillings V	Pasta Bake with Focaccia Slice V	Southern Style Burger in a Bun with Salad PB	Golden Spanish Paella PB	Quesadilla with Chips V
Vegetable Selection	Sweetcorn Fresh Broccoli	Fresh Carrots Green Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Strawberry Mousse with Fresh Fruit* V	SS Fruit Pudding & Custard* V	Fruit Cheesecake* V	SS Lemon & Courgette Cake with Custard* V	Fruit Trifle* V
Daily Options					
Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt					

WEEK 2

Dates: 11th Nov, 2nd Dec, 13th Jan, 3rd Feb, 3rd Mar, 24th Mar

HALAL and Non MEAT IS SERVED AT THIS SCHOOL

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----- Autumn - Winter 2024/25 -----

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Lamb Burger in a Bun & Jacket Wedges	Greek Style Souvlaki Chicken with Rice	Roast Chicken & Yorkshire Pudding with Roast Potatoes	Lamb Bolognese Bake With Garlic Bread	Fish Fingers with Jacket Wedges
Choice 2	Jacket Potato with Cheese & Beans V	Veggie Brunch with Hash Brown V	Ratatouille Ravioli PB	Fruity Flavoured Caribbean Chicken with Rice	Roast Mediterranean Vegetable Tart with Jacket Wedges PB
Choice 3	Spicy Mixed Bean Chilli & Rice PB	Vegetable Samosa served with Rice & Veg Curry PB	Vegetable 'Toad in the Hole' & Mashed Potatoes V	Chickpea & Sweet Potato Curry PB	Veggie Dippers with Jacket Wedges PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Frozen Yoghurt With Fruit* V	Carrot Cake* SS V	Fruit Smoothie* PB	Chocolate Sponge & Chocolate Custard* SS V	Fruit & Ice Cream* V

Daily Options

Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt

WEEK 3

Dates: 18th Nov, 9th Dec, 20th, Jan 10th, Feb, 10th Mar, 31st Mar

HALAL and Non MEAT IS SERVED AT THIS SCHOOL

KEY: V - Vegetarian PB - Plant Based SS - Sugar Smart

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