



YOUR MENU @

ELLEN WILKINSON
PRIMARY SCHOOL

Autumn - Winter 2023/24

WEEK 1

Monday

Tuesday

Wednesday

Thursday

Friday

Main Choice

Sweet Chilli Meatballs
with Pasta

Fish Pie

Roast Chicken &
Stuffing served with
Roast Potatoes

Shepherd's Pie

Fish Fingers
with Chips

Vegetarian Choice

Vegetarian Pasta **PB**
& Mixed Bean Bake

Vegetarian Lasagne
served with **V**
Garlic Bread

ND Cheese & Leek Flan
served with **V**
Roast Potatoes

Vegetable &
Lentil Pasta Bake **PB**

Veggie Dippers
with Chips **PB**

Vegetable Selection

Sweetcorn
Fresh Broccoli

Green Beans
Fresh Carrots

Seasonal Fresh
Vegetables

Mixed Vegetables
Sweetcorn

Garden Peas
Baked Beans

Dessert of the Day

Frozen Yoghurt
with Fruit

ND Banana Slice **SS**
(egg free)

Rice Pudding **SS**
with Jam

Apple Crumble **SS**
with Custard

Fruit & Jelly
with Ice Cream

Daily Options

Salad Bar / Freshly **WEEK 1** Fresh Fruit / Fruit Yoghurt

WEEK 1

30 OCT, 20 NOV, 11 DEC, 1 JAN, 22 JAN, 19 FEB, 11 MAR

MEAT SERVED AT THIS SCHOOL IS HALAL & non HALAL

KEY: **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart
ND - New Dish **FGR** - In association with Forest Green Rovers

Eat for Free Scheme funded by



DINEin
AND DISCOVER



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YOUR MENU @

**ELLEN WILKINSON
PRIMARY SCHOOL**
2

----- Autumn - Winter 2023/24 -----

WEEK 2

Monday

Tuesday

Wednesday

Thursday

Friday

Main Choice

**Chicken Sausages
with
Mashed Potatoes**

**Lamb or Chicken* &
Vegetable Jollof Rice**

**Roast Chicken &
Yorkshire Pudding
with Roast Potatoes**

**Greek Style
Souvlaki Chicken
with Rice**

**Fish Fingers
with Jacket Wedges**

Vegetarian Choice

**Thai Style Veggie
Rice Bowl** PB

**Sweet Potato
Macaroni Cheese** V

**Spinach & Feta Whirl
served with
Roast Potatoes** V

**Ratatouille
Ravioli** PB

**Vegetarian Burrito
Jacket Wedges** V

Vegetable Selection

**Sweetcorn
Fresh Broccoli**

**Fresh Carrots
Green Beans**

**Seasonal Fresh
Vegetables**

**Mixed Vegetables
Sweetcorn**

**Garden Peas
Baked Beans**

Dessert of the Day

**Raspberry Ice Cream
Sponge Roll**

ND **Fruit Pudding
& Custard** SS
(egg free)

**Mandarin
Cheesecake** SS

**Lemon & Courgette
Cake with Custard** SS

**Waffles with Fruit
& Ice Cream**

Daily Options

Salad Bar / Freshly [REDACTED] Fresh Fruit / Fruit Yoghurt

WEEK 2

6 NOV, 27 NOV, 18 DEC, 8 JAN, 29 JAN, 26 FEB, 18 MAR

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YOUR MENU @

**ELLEN WILKINSON
PRIMARY SCHOOL**

----- Autumn - Winter 2023/24 -----

WEEK 3

Monday

Tuesday

Wednesday

Thursday

Friday

Main Choice

**Lamb Burger in a Bun
with Salad &
Herby Diced Potatoes**

**Spaghetti Bolognese
with Garlic Bread**

**Roast Chicken
served with
Yorkshire Pudding
& Roast Potatoes**

**Chicken & Vegetable Pie
with
Mashed Potatoes**

**Fish Fingers
served with Baked
Jacket Wedges**

Vegetarian Choice

**Veggie Keema
served with
Raita & Naan Bread** **V**

**Jacket Potato
with
Cheese & Beans** **V**

**Sweet Pepper
& Feta Frittata
with
Roast Potatoes** **V**

**Veggie & Lentil
Pasta Bake** **PB**

**Quorn Pattie Muffin
with
Baked Jacket Wedges** **V**

Vegetable Selection

**Sweetcorn
Fresh Broccoli**

**Green Beans
Fresh Carrots**

**Seasonal Fresh
Vegetables**

**Mixed Vegetables
Sweetcorn**

**Garden Peas
Baked Beans**

Dessert of the Day

**Frozen Yoghurt
with Fruit**

ND **Carrot Cake** **SS**
(egg free)

Fruit Smoothie

**Chocolate Sponge &
Chocolate Custard** **SS**

**Strawberry Mousse
with
Fresh Fruit**

Daily Options

Salad Bar / Freshly [REDACTED] Fresh Fruit / Fruit Yoghurt

WEEK 3

13 NOV 4 DEC 15 JAN 5 FEB 4 MAR 25 MAR

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