



# YOUR MENU @

**ELLEN WILKINSON  
PRIMARY SCHOOL**

Spring - Summer 2025

**WEEK 1**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Choice 1**

**Sweet Chilli Meatballs  
with Rice**

**Lamb & Lentil Lasagne  
with Garlic Slice**

**Roast Chicken  
& Herby Stuffing  
with Roast Potatoes**

**Fruity Caribbean Chicken  
with Rice & Peas**

**Fish Fingers  
with Chips**

**Choice 2**

**Jacket Potato  
with Choice  
of Fillings** 


**Salmon & Sweet  
Potato Fishwich with  
Jacket Wedges**

**Roast Quorn Fillet &  
Herby Stuffing with  
Roast Potatoes** 

**Quorn Soft Shell Taco  
with Rice** 

**Chicken Shawarma in  
Flatbread**

**Choice 3**

**Teriyaki Quorn  
with Noodles** 

**Veggie Keema  
with Rice  
& Naan** 

**Spinach & Feta  
Whirl with  
Roast Potatoes** 

**Lentil Spaghetti  
Bolognese** 

**Pizza Slice  
with Chips** 

**Vegetable Selection**

**Sweetcorn  
Fresh Broccoli**

**Green Beans  
Fresh Carrots**

**Seasonal  
Fresh Vegetables**



**Mixed Vegetables  
Sweetcorn**



**Garden Peas  
Baked Beans**

**Dessert of the Day**

**Frozen Yoghurt  
with Fruit Salad\*** 

**Apple & Berry Crumble  
with Custard\***  

**Peaches with Greek  
Yoghurt with  
Honey Crunch\***  

**Brownie Slice  
with Ice Cream\***  

**Summer Fruit  
with Whipped Cream\*** 

**Daily Options**

**Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt**

**WEEK 1**

22 Apr, 12 May, 9 Jun, 30 Jun, 21 Jul, 1 Sep, 22 Sep, 13 Oct

**MEAT SERVED AT THIS SCHOOL IS HALAL & non HALAL**

**KEY:**  - Vegetarian  - Plant Based  - Sugar Smart

\* - (Egg Free Dessert Recipe)

Eat for Free Scheme funded by

**Newham London**



**DINEin**  
AND DISCOVER





# YOUR MENU @

**ELLEN WILKINSON  
PRIMARY SCHOOL**

Spring - Summer 2025

**WEEK 2**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Choice 1**

**Chicken Burrito with  
Coleslaw & Mexican Salad**

**Baked Sausages with  
Mashed Potatoes**

**Roast Chicken with  
Yorkshire Pudding  
with Roast Potatoes**

**Lamb & Vegetable  
Jollof Rice**

**Fish in Batter  
with Chips**

**Choice 2**

**Rasta Pasta  
with Jalapeno Bread** V

**BBQ Kickin' Chicken  
with Rice**

**Tuna Melt Panini  
with Salad & Coleslaw**

**Veggie Pasta Bake  
with Focaccia Slice** V

**Quorn Dippers with Sweet  
Chilli Sauce & Chips** PB

**Choice 3**

**Veggie Frankfurter  
Hot Dog with  
Jacket Wedges** V

**Crushed Chickpea  
& Sweetcorn  
Mayo Wrap** PB

**Quorn Fillet with  
Yorkshire Pudding  
& Roast Potatoes** V

**Calzone Pizza  
Slice** V

**Sausage & Stuffing Roll  
with Chips** PB

**Vegetable Selection**

**Sweetcorn  
Fresh Broccoli**

**Garden Peas  
Baked Beans**

**Seasonal  
Fresh Vegetables**

**Mixed Vegetables  
Sweetcorn**

**Fresh Carrots  
Green Beans**

**Dessert of the Day**

**Frozen Orange & Mango  
Smoothie\*** PB SS

**Chocolate & Pear Slice  
with Chocolate Sauce\*** V SS

**Lemon & Date  
Flapjack Slice\*** V SS

**Peach Melba Crumble  
with Ice Cream\*** V SS

**Jelly with  
Summer Fruit\*** PB

**Daily Options**

**Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt**

**WEEK 2**

28 Apr, 19 May, 16 Jun, 7 Jul, 22 July, 8 Sep, 29 Sep, 20 Oct

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# YOUR MENU @

**ELLEN WILKINSON  
PRIMARY SCHOOL**

----- Spring - Summer 2025 -----

**WEEK 3**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Choice 1**

**Lamb 'Fable' Burger  
in a Bun with  
Jacket Wedges**

**Souvlaki Chicken  
with Rice**

**Roast Lamb with  
Yorkshire Pudding  
& Roast Potatoes**

**Roast Chicken Pie  
with Jacket Wedges**

**Fish Fingers  
with Chips**

**Choice 2**

**Cauliflower Korma  
with Basmati Rice** **V**

**Vegetable Samosa  
with Tarka Dhal  
& Basmati Rice** **PB**

**Quorn Fillet with  
Yorkshire Pudding  
& Roast Potatoes** **V**

**Mac & Cheese  
with Focaccia** **V**

**Chicken Tikka Naan with  
Indian Style Salad &  
Yoghurt**

**Choice 3**

**Mixed Bean  
& Sweet Potato  
Quesadilla** **PB**

**Jacket Potato with  
Choice of Fillings** **V**

**Chickpea & Potato Curry  
with Rice** **PB**

**Southern Quorn Burger in  
Brioche Bun with  
Jacket Wedges** **V**

**Veggie Pattie Muffin  
with Chips** **V**

**Vegetable Selection**

**Sweetcorn  
Fresh Broccoli**

**Green Beans  
Fresh Carrots**

**Seasonal  
Fresh Vegetables**

**Mixed Vegetables  
Sweetcorn**

**Garden Peas  
Baked Beans**

**Dessert of the Day**

**Fruit with  
Frozen Yoghurt\*** **V**

**Banana Slice with  
Chocolate Custard\*** **SS** **V**

**Tropical  
Cheesecake\*** **V**

**Lemon & Berry Cake  
with Custard\*** **SS** **V**

**Summer Fruit Platter  
with Ice Cream \*** **V**

**Daily Options**

**Salad Bar / Freshly Baked Bread / Fresh Fruit / Fruit Yoghurt**

**WEEK 3**

6 May, 2 Jun 23 Jun, 14 Jul, 15 Sep, 6 Oct.

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