

Ellen Wilkinson Primary School



FOOD THIS TERM

	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Swedish Meatballs with Jacket Wedges	Lamb & Lentil Lasagne served with Garlic Bread	Roast Chicken & Stuffing served with Roast Potatoes	Shepherd's Pie	Fish Fingers with Chips
Choice 2	Veggie Frankfurter Hot Dog with Jacket Wedges	Salmon & Sweet Potato Fishwich	Quorn Fillet & Stuffing served with Roast Potatoes	Tomato & Basil Pizza with Herby Potatoes	Veggie Keema served with Raita & Naan Bread
Choice 3	Oriental Quorn Stir Fry with Noodles	Jacket Potatoes with various filling	Vegetarian Pasta & Mixed Bean Bake	vegetable & Lentil Curry served with Rice	Spinach & Feta Whirl with Chips
Vegetables	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Pudding	Frozen Yoghurt with Fruit*	Banana Slice*	Mango Rice Pudding*	Apple & Cinnamon with Custard*	Fruit, Jelly with Ice Cream*









Juniper

Available every day: Salad Bar (P) Freshly Baked Bread (1) Fresh Fruit (P) Fruit Yoghurt (1)







Vegetarian

Sugar Smart

Halal & non Halal meat is served at this school. *Egg free dessert recipe





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FOOD THIS TERM

12/					
	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken Sausages with Mashed Potatoes	Lamb & Vegetable Pie with Mashed Potatoes	Roast Chicken served with Yorkshire Pudding & Roast Potatoes	Lamb & Vegetable Biryani & Dhal	Fish in Batter with Chips
Choice 2	Cauliflower Bites with Savoury Rice	Crushed Chickpea & Sweetcorn Mayo Wrap	Quorn Fillet served with Yorkshire Pudding & Roast Potatoes	Creamy Cauli Mac & Cheese & Peas	Tandoori Chicken In Pitta with Salad
Choice 3	Jacket Potatoes with Various Fillings	Pasta Bake with Focaccia Slice	Southern Style Burger in a Bun with Salad	Golden Spanish Paella	Quesadilla with Chips
Vegetables	Sweetcorn Fresh Broccoli	Fresh Carrots Green Beans	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Pudding	Strawberry Mousse with Fresh Fruit*	Fruit Pudding & Custard*	Fruit Cheesecake*	Lemon & Courgette Cake with Custard*	Fruit Trifle*









Juniper

Available every day: Salad Bar P Freshly Baked Bread Fresh Fruit P Fruit Yoghurt



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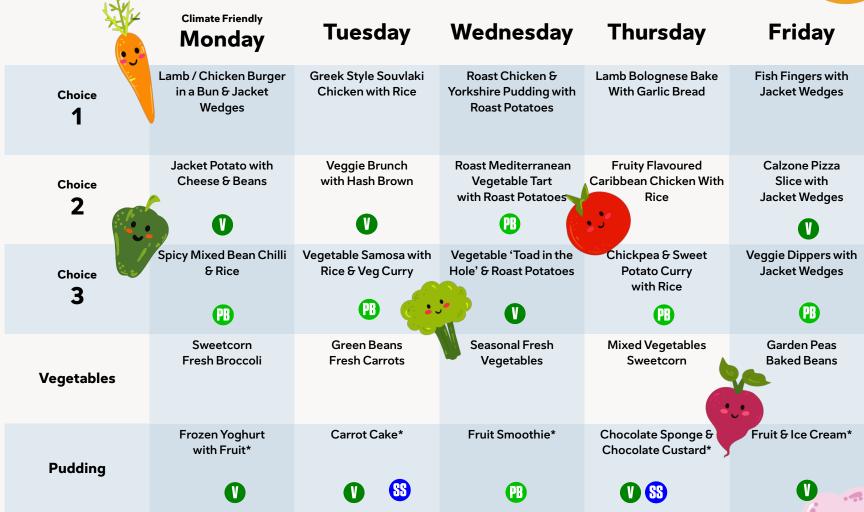




Ellen Wilkinson Primary School



FOOD CELEBRATIONS THIS TERM











Juniper

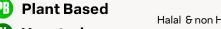
Available every day: Salad Bar U Freshly Baked Bread U Fresh Fruit P Fruit Yoghurt U

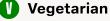












Sugar Smart

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