











Ellen Wilkinson School Menu

Spring / Summer (3 Choice)



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Chilli Beef Burrito and Salsa	Greek Style Souvlaki Chicken	Roast Turkey & Yorkshire Pudding	Spaghetti Bolognese (Beef)	Chinese Chicken Curry with Noodles
Fish	Tuna & Tomato Hoagie Melt	 Fisherman's Pie	 Lemon & Herb Fish Crunch	 Salmon Fish Finger Wrap	 White Fish Bake
Vegetarian	 Veggie Sausage Pasta	Juniper Pizza	 Quorn & Sweet Potato Curry	Spanish Omelette with Potatoes	Feta, Pepper & Spinach Whirl
Carb Choice	Carb Choice above	 Herby Diced Potatoes	Roast Potatoes	Carb choice above	 Chips
Vegetable Choice	Sweetcorn Fresh Broccoli	Peas Med Roast Veg	Organic Carrots Green Beans	 Mini Corn on the Cob Grilled Tomatoes	Garden Peas Baked Beans
Dessert	Fruit Smoothie	Apple Crumble Cookie	Rainbow Cheesecake	Marble Cake & Custard	Fruit Jelly & Ice Cream
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Homemade Bread				

Sandwich Choices: Ham/Cheese/Tuna/Egg

Week Commencing: 16th April, 7th May, 4th, 25th June, 16th July, 3rd, 24th September, 15th October



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Spring / Summer (3 Choice)












Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Beef/Chicken Meatball Marinara Ciabatta	Beef Lasagne	Roast Lamb	BBQ Chicken	Pork and Chicken Hot Dog in Roll
Fish	 Creamy Wholemeal Fish Crumble and Mash	 Fish Finger Burger	 Seafood Jambalaya	 Fish Goujons	 Fish Curry
Vegetarian	Roast Butternut & Red Onion Wholemeal Tart	Lemon Lentil Curry	 Tomato & Basil Pasta	Veggie Quesadilla	 Quorn Hot Dog in A Roll
Carb Choice	Carb choice above	Garlic bread Rice	Roast Potatoes	Baby Baked Potatoes Mexican Rice	 Jacket Wedges Rice
Vegetable Choice	Sweetcorn Carrot & Courgette Medley	Broccoli Mixed Vegetables	 Organic Carrots Savoy Cabbage	Green Beans Mini Corn on the Cob	Garden Peas Baked Beans
Dessert	Scotch Pancake with Fruit & Greek Style Yoghurt	Chocolate & Orange Shortbread	Mango Rice Pudding	Carrot Cake with Cream Cheese Topping	Peach Flapjack
Daily Options	Fresh Fruit Platter / Organic Yoghurt  / Cheese & Biscuits / Homemade Bread				

Sandwich Choices: Ham/Cheese/Tuna/Egg

Week Commencing : 23rd April, 14th May, 11th June, 2nd July, 23rd July, 10th Sept, 1st October,



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Meat	Chicken & Spring Vegetable Pie	Ham & Pineapple Pizza	Roast Beef	Beef/Lamb Burger in Brioche Bun	Lamb & Vegetable Jolloff Rice
Fish	Tuna & Sweetcorn Fishcake	 Tandoori Fish Fillet	 Italian Fish with Cherry Tomatoes	 Fish Biryani	 Fish Fingers
Vegetarian	 BBQ Quorn Pasta	Margarita Pizza	Jacket Potato with Cheese & Beans	Veggie Lasagne	 Quorn Toad in the Hole
Carb Choice	New Potatoes Rice	Mashed Potatoes	Roast Potatoes	 Potato Wedges Rice	 Chips
Vegetable Choice	Mixed Vegetables Roast Veg	Mini Corn on the Cob Green Beans	Organic Carrots Broccoli	Baked Beans Jamaican Slaw	Sweetcorn Garden Peas
Dessert	Fruit Salad with Frozen Yoghurt	Tropical Fruit Crumble with Ice Cream	Summer Fruit Trifle	Banana Loaf	Ice Cream Sponge with Fruit
Daily Options	Fresh Fruit Platter / Organic Yoghurt  Cheese & Biscuits / Homemade Bread				

Sandwich Choices: Ham/Cheese/Tuna/Egg

Week Commencing : 30th April, 21st May, 18th June, 9th July, 17th September, 8th October

