



EWPS



LEARNING AT HOME TIPS

1. First thing is very important ...



... a little bit of learning every day is more important than trying to replicate a school day.

2. Please know that ...

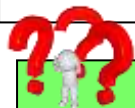


... you are doing a great job!
These are unusual times and just figuring out how to cope being inside and getting food is hard enough without trying to teach your children too!

3. Remember ...



.. we are still here to help if you need us! Use the year group email and we will get back to you as quickly as we can!



How do I create a timetable?

1. Keep it simple

Cover the basics and then you can always do more if you want to!

2. Make it realistic

You have other commitments too; create timings that work for you! You don't have to use school timings.

3. Make it regular

Whatever timetable you set up make sure you try to keep to it every school day where possible so your children have structure.

What do we need?



Example Timetable

Every day (if possible!)

- 1 x maths activity
- 1 x English activity
- 1 x 10 minute read
- 1 x physical exercise (could be a walk)
- 1 x other



What is 'other'?

Ideally this would take the form of a project that your child can do over the week.

Some access to the internet through any of these devices



or



or



We have tried to minimise how much children need to be online to access learning so please use the workbooks and packs provided!

English and Maths Activities

- Finish the workbooks set before Easter first.
- Then use the Collins books and do at least a section a day (in each book). Answers are in the back!
- Use mathletics (or times table rockstars) and bug club once a day (these work on mobile phones too) – your child's teacher can monitor their usage and progress to make it easier or harder for them!

If you want more ...?

If you would like access to further work (or just fancy a bit of a change!) listed below are other learning opportunities we would recommend.

- We have uploaded TTS booklets onto our website that have additional activities if you need them (these can be done offline)
- BBC have just released their Bitesize service six different 20-minute shows, each targeted at specific age groups from five to 14, covering maths, science and English, as well as subjects including history and geography



Stuck? Confused? Just want to reach out?

Each year group has its own email -
yeargroup@ellenwilkinson.newham.sch.uk

So Reception would use
reception@ellenwilkinson.newham.sch.uk

And so on!

Physical Activity Ideas

Family walk! (Remember social distancing!)

Joe Wicks workout (you can always watch a pre-recorded one if 9 am doesn't work for you!)

Get Active = short fitness activities designed for the classroom or living room

Be Mindful = a series of activities to stimulate the mind and improve mental well-being:
<https://app.fitterfuture.com/student/auth/login>

Username = ellenwilkinson

Password = ellenwilkinson

**PLEASE DO NOT CHANGE
THE PASSWORD!**

Themed Home-Learning Competition

Every two weeks we will set a theme. We will list a selection of activities that your child can complete, if you wish for them to do so or you can come up with your own! Once completed, take some photographs and submit them to

info@ellenwilkinson.newham.sch.uk. We will select 3 of the best submissions and publish them on the next newsletter and issue the children with a prize from Mrs Ferguson!

We hope that you will encourage your child/ren to participate.

Week beginning: 27th April 2020

Photos to be sent by: 8th May 2020

Theme: Food

Possible activities:

- Create a healthy plate of food that includes all food groups (pictures, crafts or actual plate)
- Bake scones, cakes or biscuits
- Help cook a meal with your family
- Make your own jam
- Make a fruit salad
- Host a tea party for your family
- Paint or sketch a picture of a bowl of fruit





USEFUL WEBSITES/ ONLINE LEARNING

There are lots of online learning opportunities we have shared with you over the past few weeks. We have tried to put these all together on our website.

www.ellenwilkinson.newham.sch.uk

- Click on Children Zone
- Useful Links

They are then all listed here with a description of what they contain.



ADVICE FOR UNDER 5'S FROM BECKTON AND ROYAL DOCKS CHILDREN'S CENTRE



Make your own Talking Stick



This activity will help encourage children with building listening and attention skills and supports their personal, social, emotional wellbeing by being confident to share their thoughts and feelings with loved ones.

This activity can be introduced by passing the talking stick around during family time. Whoever has the stick, has a moment to speak and everyone to listen. It is a great way to spend time together and creates an opportunity to build healthy relationships.

Resources:

Small tree branch/popsicle stick/cardboard tube
Paint
Wool
Beads/feathers
Glue/tape
Scissor

Instructions:

Wash and pat dry the small tree branch, or alternatively you can use a Popsicle stick/cardboard tube. Allow your child to paint it how they would like and leave it to dry.

Once it is fully dry, they can now decorate! Support your child to glue /tape on feathers. Tie wool round the top and the bottom of the stick and thread some beads and tie a knot at the end to keep it secure. Cut off any excess using scissors.

