EWPS

LEARNING AT HOME TIPS

This week's Top Tips are...

- 1. Let your child learn at their own pace spend more time on a certain area they might be finding tricky before you move them on.
- 2. Stick to your routine your child will know how their day is set out and what to expect.
- 3. Make your child the teacher swap roles and let them teach you how to solve a problem and see if they can teach you the methods. This keeps learning fun and interesting.
- 4. Keep active break up your day with some exercise to keep your children motivated and productive. Use outside space or even indoor space with online videos like Joe Wicks.
- 5. Go through the answers to questions together using the mark scheme at the back of your child's learning books. Discuss together how to get the answer if your child has got one incorrect. It will give them a better understanding of how to get it correct next time.

Maths Tips

Ask your child how they learn at school. Lots of methods we teach today are different to the way we were taught as children. Ask them to teach you how to use the number line to calculate, or to use the expanded method. If you're unsure, check out our calculation policy at: <u>https://cutt.ly/eyR5qAg</u> which will show you how to use the different methods your child has learnt! .

Physical Activity Ideas

Family bike ride (Remember social distancing!) Joe Wicks Workout (you can always watch a prerecorded one if 9 am doesn't work for you!) Cosmickidsyoga.com offer yoga for kids Be Mindful -https://app.fitterfuture.com /student/auth/login Username = ellenwilkinson Password = ellenwilkinson PLEASE DO NOT CHANGE THE PASSWORD



Helping with English learning

Go on a noun hunt around the house or when out for your daily exercise. Ask your child to point out different nouns and use an adjective (describing word) to describe them. Challenge them to use ambitious vocabulary to really stretch themselves!

Using your Science Workbooks – Some tips!

- Follow the timetable on the front when using.
- The aim is to understand the scientific ideas, not to race to the finish.
- Use videos from BBC Bitesize to help you.

Example Timetable

Every day (if possible!)

- 1 x Maths activity
- 1 x English activity
- 1 x 10 minute **reading**
- 1 x physical exercise (could be a walk)
- 1 x other (Ideally a project your child can work on over the week)

Recycling challenge We are sure you have all been keeping healthy by eating lots of the right foods. But what can you create from used yoghurt pots and plastic milk bottles? How can you reuse them? There will be a SURPRISE gift for the most innovative project so get those brains working!

Parent/Carer Feedback!

We would love parents/carers to **share** with us your top tips you have found work well with your child/children at home so we can share these with other parents. Please send your top tips to the school via info@ellenwilkinson.newham.sch.uk and we will feature them in the newsletter.

Computing activity: Going Wild!

Try this fun but simple activity from <u>Barefoot</u> <u>Computing</u>. It's suitable for ages 5-11 and you don't even need any technology! In this activity, children will learn to create a short sequence of instructions (algorithms) to program their bee to move. See

<u>https://www.barefootcomputing.org/homelearning</u> and click on 'Going Wild'.

Create your own Bubbles!

You will need an empty bottle, net (net from a bag of oranges will do) scissors and sticky tape.

1. Pour half-a-cup of washing up liquid into a large cup. Add 1 & 1/2 cups of water.

2. Measure 2 <u>teaspoons</u> of sugar and add it to the water/soap mixture. Gently stir the mix.

3. Cut your bottle in half & use the tape to tape the net round the bottom half.

4. Bring this outside, dip it into your bubble mixture and blow bubbles!

5. See link below for pictures!

https://www.hellowonderful .co/post/diy-recycled-bottlebubble-blower/

Stuck? Confused? Just want to reach out?

Each year group has its own email - yeargroup@ellenwilkinson.newham.sch.uk

So Reception would use

reception@ellenwilkinson.newham.sch.uk

And so on!

HELP!

<u>Glass Guardians</u> are looking for super-recyclers! Get involved to understand the importance of recycling to help our planet. The Glass Guardians have a range of curriculum-linked resources and activities on their website that are **perfect for use at home.**

There are **activity sheets** and **lesson plans**, for **KS1 and KS2** pupils, and resources adapted for **home learning** and suitable for ages 7-11. Do you have what it takes to become a Glass Guardian?

Competition Time!

Create a glass recycling superhero What superrecycling powers will they have? What does their superhero costume look like?

There are £500 of Amazon vouchers for the school to be won-plus £50 of vouchers for the winning learner! Click the link above or search 'Glass Guardians Schools' for details.

THEMED HOME LEARNING

As we are all aware, **Eid-al-Fitr** is being celebrated all over the world by Muslims. This week, we would like to know a few things about this celebration. Can you **create a fact-file** about it? We would love to learn about how and why it is celebrated.

Here are a few other activities for you to do over the next two weeks.

- Bake some sweet treats
- 🔸 🛛 Make an Eid card
- Make a gift that you can give to someone.
- **4** Make decorations, bunting etc
- **4** Make a moon and star mobile and hang it somewhere
- Draw a crescent moon and fill it in with different materials
- Call/Facetime a member of your family you are missing

>If you want to share your work, upload this to the class shared folder so your teachers can share this with others.

Year 5 and 6, we have a project for you!

Many of you were due to audition to represent EWPS at the Tower of London, in the **Water City Music Tower Voices** event. Unfortunately, this could not go ahead due to the current situation. **HOWEVER... we still want you to take part**.

All you have to do is learn the song 'With her head tucked underneath her arm' and then record yourself singing it. This can be a voice recording or video, and it can be as fun and creative as you want it to be! When you are happy with your recording, upload it onto the Water City Music Tower Voices website. Then your recording will be used with lots of other children's videos across the country to make a very special music video for the festival.

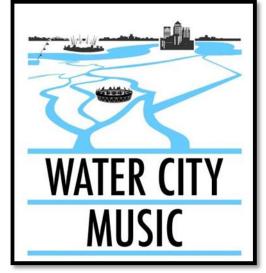
If you would like to take part please **get your parent or guardian's permission and follow the link below.** Here you will find the song you need to learn and instructions on how to upload your video.

https://tinyurl.com/watercitymusictowervoices

You must record and submit your entry by

Monday 8th June @ 12pm.

Parents/carers, if you would like information on privacy and GPDR please see below.



Have fun and stay safe!

Miss Binion

'All footage is secured on a secure Google Drive - with two factor authentication. Regarding GDPR compliancy - all contact details will be destroyed following the project, along with all raw footage. The final video is planned to be published on YouTube. In the submission form that parents/guardians submit, there is a copy of the festival's online safeguarding policy to read and by submitting this, parents/guardians give approval for the footage to be issued publicly There is the option of audio or video, in case there are those that do not want their children's faces shown. No names of children will be shown in the video.'



ADVICE FOR UNDER 5'S FROM BECKTON AND ROYAL DOCKS CHILDREN'S CENTRE



Maintain a healthy diet is vital for your child's overall wellbeing. Overnight Oats!

Serves 1 (for more multiple by the number of family members you are preparing it for)



Method:

Simply mix the oats, milk and yoghurt together in a bowl. Transfer to your chosen container, close the top and give it a shake. Place in the fridge overnight. The oats absorb the liquid and soften overnight, turning into porridge by morning! If the porridge is too thick, simply add some extra yoghurt or milk. Finally, add the toppings of your choosing to your finished overnight oats! See some of our favourite toppings below. Check out the Early Start Nutrition blogs and recipes! Links are below **U**

Early Start Nutrition webpage and social media as they have lots of great tips and amazing recipes:

https://www.earlystartgroup.com/nutrition/

See NHS change4life for healthy recipes and food facts:

https://www.nhs.uk/change4life/recipes

https://www.nhs.uk/change4life/food-facts

NHS Eat Well Guide:

https://www.nhs.uk/live-well/eat-well/

the-eatwell-guide/