

Beckton & Royal Docks Children's Centre Activity Timetable

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning session (all session Via Zoom and Booking Required)	Baby Singalong and Stories Under 1 year 10.30am – 11am	Music and Movement Under 5 years 10.30am – 11am	Family Support Drop In 10.30am – 11.30am	Talk and Play Under 5 years 10.30am – 11am	Parent and Carer Wellbeing For parents and Carers 10.30am – 11am
Afternoon session (all session Via Zoom and Booking Required)	Bookstart Corner 18months + 1.30 – 2pm 4 week programme	Messy Play Under 5 years 1.30pm – 2pm	Infant Feeding Support Call the centre for details	Singalong and Stories 1 -5 years 2 – 2.30pm	Baby Massage Babies from newborn. No Walkers or crawlers 1.30pm – 2.30pm

Additional offer:

Friendly advice and support via our Family Support Service | Access Food Bank and Baby Bank

Free Bookstart Packs | Early Education Grant | Volunteering Programme | Parenting Programmes

Information about Zoom:

Please download Zoom app on your mobile phone device/laptop/computer.



1. On the app after clicking on join a meeting.
2. Once you have book session with us we will provide you with Meeting ID and Password which you will need to enter.
3. You will then be able to access our sessions.

For bookings and more information:

Call us on 0207 474 0654

Email: childrens.centre@ellenwilkinson.newham.sch.uk

We are open from 9am – 4pm.

Beckton and Royal Docks Children's Centre, Tollgate Road, E6 5UP

Facebook: Beckton and Royal Docks Children's Centre | Instagram: @bard_cc

