



#### Dear Parents & Carers,

I hope you are all managing to keep safe and well.

It has been confirmed today that schools will not be returning before the **8th March**. I know that this may be disappointing and it is really difficult supporting children with their learning at home. We will continue to try and find ways to support in any way we can, which is why we are asking you to complete the remote learning survey so we can see what else we can do to help.

In the meantime thank you for all your hard work in helping your children continue to log on each day and submit their work whilst trying to juggle the rest of lockdown living!

On a positive note we tried our first lockdown Friday celebration assembly last week and you will find the names of the stars of the week later in this newsletter. This will now take place each week (although it's a little odd my end as I can only see a member of staff or a blank screen) but at least we get the chance to share each other's successes!

#### Take care and stay safe.

Sue Ferguson

# <u>Learning</u>

### **Frequently Asked Questions**

We realise that there has been a lot of information sent to parents in a short time and it can become overwhelming. The DFE has also asked schools to publish their approach. So we have updated the frequently asked questions and attached them to this newsletter. Hopefully there should be nothing new in this but it has all the links in the same place.



We have also created a lockdown learning page in the parents tab on the website where all this information is kept together. We hope this helps.



#### Remote learning review - have your say

We want to ensure the best possible online learning experience for our children during this current lockdown. To help us do this please take a few minutes to complete the survey to help us improve our offer. Thank you.

https://forms.gle/inQPZuSvwomFLcwy7

# **Technology**

## Struggling with accessing or submitting work?

Please email your year group or call the main office on 0207 511 9414 so that we can support you.



# **Early Years**

## **Development of provision**

This week we have reviewed the *Nursery provision* and moving forward we would like to align the teaching to reflect two areas of development each week. Phonics will continue to be consistently taught on Zoom everyday followed by learning in two specific areas.



Each week an EYFS newsletter will be sent to you to reflect the learning for the following week alongside any core books and resources that parents/carers can use to support activities.



We ask that <u>two observations</u> are uploaded onto the Evidence Me app by parents each week. This can be done on any device with a camera once the app has been downloaded on to it. A guide will be sent to remind parents on how to access the app. Please ensure you download this and begin to start adding observations for your child whilst they play. Thank you Mrs Laskar & Mrs Paul



## Children's Centre Support for under 5's

Information about Zoom:

Please download Zoom app on your mobile phone, device, laptop or PC

- 1. Open the app, click on **Join a meeting**.
- 2. Use the **Meeting ID and Passcode** we provide you with.

### For bookings/Zoom details and more information:

Call: 0207 474 0654 Website: www.bardcc.co.uk

Email: childrens.centre@ellenwilkinson.newham.sch.uk

We are open from 8.30am–4.30pm.

Facebook: Beckton and Royal Docks Children's Centre | Instagram: @bard\_cc

## Children's Centre Zoom Sessions (January - March)

Day	Monday	Tuesday	Wednesday	Thursday	Friday
a.m. sessions	Baby Singalong & Stories		Ask the Health Visitor	Talk & Play	Baby Massage (4-week course starts 12/02/21)
	Under 1 year			Under 5 years	
	10.30 -11.00		10.00 -10.45	10.30-11.00	11.30-12.30
p.m. sessions	Singalong & Stories	Messy Play	Stay & Play	Singalong & Stories	Afternoon Tea with Family Support
	Under 5 years	Under 5 years	Under 5 years	Under 5 years	Session for parents/carers
	1.30 - 2.00	1.30 –2.00	1.30 -2.15	2.00 – 2.30	2.00 - 2.30

# **General Information**

## Lunch recipes

Struggling for meal inspiration with the kids at home at the moment? Change 4 Life has provided some ideas! Complete with its own shopping list, each set of recipes contains 5 easy, tasty lunches.

https://www.nhs.uk/change4life/recipes/lunch/cheap-lockdown-lunch-ideas

Alternatively get the family involved and make tasty meals from scratch with **Cook Together**.

Every week for 4 weeks you will get 2 healthy recipes – with videos, easy-to-follow instructions and a shopping list of everything you'll need – straight to your inbox. To find out more and register click on the link below.



https://www.nhs.uk/change4life

## Eat for Free update

An announcement was made on Monday that the proposed changes to **Eat for Free** will <u>not go</u> ahead. Further details are available below:

https://www.newham.gov.uk/news/article/577/newham-s-flagship-eat-for-free-scheme-guarantee d-by-the-mayor



## COVID Question of the week -

## What is rapid community testing and who can access it?

If you **DO NOT** have Covid-19 symptoms and are part of the priority groups below you can book a free rapid Covid-19 test (also known as a Lateral Flow Test), with results

available in less than 40 minutes.Rapid testing is currently only available to people aged 18+ who are part of the priority groups below:

- People who care for others (this may be paid or unpaid)
- People who live in multi-generational households
- People who live with someone who has a long term condition or has been asked to shield
- People who have to go out for work or volunteering (can't work or volunteer from home)
- People who live in overcrowded households

To find out more about how to book please follow the link below.

https://www.newham.gov.uk/coronavirus-covid-19/c19-information-advice/5

# **Wellbeing and Support**



### Access to Learning Mentors

Our virtual 'Chill and Chat' sessions begin next week. These will take place via Zoom and be hosted by Ms Baker & Mr Hart.

They are a space just to have a chat with someone.

Children's sessions will take place on Mondays, Tuesdays and Thursdays 2.15 - 2.50 pm

https://zoom.us/j/91371658842?pwd=UG1HSFJ4ODFzR2dhMHU2bUNqbXc3Zz09 - Children

We also realise that many of our families are missing the contact and support that we normally provide so there is also a weekly **Chill and Chat for parents on Wednesdays 2.15 - 2.50 pm** 

https://zoom.us/j/95963379153?pwd=STVFMHRhZWIVQ21QRUJ5a2RBbnNwZz09 - Parents

### Stress and Anxiety workshop for children

Kooth are running a free Stress and Anxiety workshop for all Newham children aged 8 or over. Details are below.

#### Thursday 28<sup>th</sup> January at 5-6:30:

https://www.eventbrite.co.uk/e/stress-and-anxiety-workshop-tickets-137926689441



## Weekly parent support workshops

Need some support for yourself or your family during lockdown? Not sure where to start? Newham is running weekly workshops every **Thursday, 4pm-5pm** on **Zoom** to help you find the support you need. This can include support for wellbeing and mental health, finances, housing, befriending and much more. Click the link below to join the workshop!

### https://zoom.us/j/95579486838



#### <u>Workshops</u>

Supporting parents during the Coronavirus pandemic	Thursday 28 <sup>th</sup> January 2021, 4-5pm
Supporting teenagers during the Coronavirus pandemic	Thursday 4 <sup>th</sup> February 2021, 4-5pm
Supporting children during the Coronavirus pandemic	Thursday 11 <sup>th</sup> February 2021, 4-5pm
Taking care of yourself during the Coronavirus pandemic	Thursday 18 <sup>th</sup> February 2021, 4-5pm





Our stars are awarded in our Friday virtual assembly to children who have shown particular commitment to our school values during the week. To say thank you they also get 3 House Points and a star of the week pencil to use in school or take home.

	Inspire	Respect	Successful	Resilient	Heard and cared for
Lionfish	Ryan	Kemi	Daniel M	Dragos	Leipa
	Natalie	Jayden	David	Barirah	Raphael
Clownfish	Hasan	Jessica	Milana	Dolcie	Saule
	Lucia	Nikita	Lakin	Cindy	Ayden
Jellyfish	Matteo	Victoria	Sofia	Mate	Mikaela
	Michael	Eliana	Jessica	Alena	Mantas
Starfish	Philip	Simon	Rhea	Eidanas	Diana
	Jay	Evie	Issa	Glory	Maira
Turtle	Quinel	Alatz	Fisayo	Khadija	Miley
	Meer	Henryk	Kotryna	Jake	Nicoleta
Lobster	Emma	Kevin	Kian	Adyaan	Steven
	Aishah	Rayan	Daniel.A	Nicholas	Dijana
Octopus	Kellicia	Niah	Zeynep	Tornadas	Morgana
	Ahmed	Cristina	Thomas	Jannah	Camila
Seahorse	Lauryn	Vanessa	Aleeza	Nia	Olivia
	Arijus	Sofia	Dominik	Zain	Casandra
Stingray	Ronnie	Jessica	Jonas	Tade	Austeja
	Allison	Maher	Neeriah	Ieva	Matei
Dolphin	Paul	Rubena	lkran	Jayden	Marli
	Zarah	Aiden	Raymund	Sofia	Ava
Shark	Pijus	Macie	Daniel	Yusuf	Rubie
	Senam	Stefanie	Eshan	Gracie	Mubashir
Whale	Aidan	Alysha	Joy	Ismaeel	Amelija
	Mate	Kiesantis	Nisha	Gabriella	Aderayo

Reception stars will be starting again this week