



Dear Parents & Carers,

This is the first full week for our Reception children and it is lovely to see them settling in so well. The older children are also making sure they look after them in the playground during breaks and lunchtimes as we expect our pupils to reflect the school values including 'Heard and Cared For'.



I was also delighted to announce in Friday's assembly last week the names of our House Captains, Ambassadors and Junior Governing Body representatives. Please take some time to look at the Congratulations section of the newsletter to find out who they are and more about their roles.

After school clubs

Letters confirming allocation for after school clubs are due to be sent out today. Please make payments using ParentMail, you have been given access to pay for the clubs that you have been allocated. If you need any support with this please contact the main office (info@ellenwilkinson.newham.sch.uk).

Updated Information

Please find below the link to update the contact information we hold for your child. This is an annual safeguarding requirement. It is important that this is completed by every parent even if your child has just joined the school so we can make sure the information we have is accurate. Thank you

<https://forms.gle/MgDd9E9w5ucUubpN8>

Take care and stay safe.

Sue Ferguson

General Information

Harvest Festival



As part of our Harvest Festival celebrations, we are collecting food for the Beckton Food Bank which helps people in crisis. All tinned, packet and dry goods are accepted. There will be a box in the playground each morning for children to put in donations. All items need to be sent in by Thursday 30th September in time for our virtual harvest festival. Thank you for your help.

Renaming our Houses

Over the next couple of weeks our newly appointed House Captains are speaking with children about their ideas for renaming our houses. We always aim to choose names that are people who have achieved highly in one of the areas that children can aspire to. The five areas we look at are:



Arts

Maths/Sciences

Sports

Literature

Civil rights

It is important to us that these individuals are true role models and are representative of the community we serve. Therefore, if you feel there is an individual who should be considered please discuss this with your child, tell your child's teacher at the end of the day or email us your ideas. Please provide their name and the reason you are suggesting them. Thank you.

Contacting the School Office

Please remember there are several ways you can contact the school office.



Call: 020 7511 9414

Phones are answered between 8.30 am and 4.30 pm every school day. If all lines are busy please leave a message and we will get back to you.



E-Mail: info@ellenwilkinson.newham.sch.uk

Emails are accessed throughout the day so this can be the quickest way to get a response.



Drop in: Drop-in hours are between 1.30 and 3 pm every school day

Reporting absence:



Although you can either call or email us about your child's absence, the quickest way to register it is through the **free StudyBugs app** which we recommend that parents download onto their phones. This allows you to report your child absent and can also signpost you to basic medical advice too.

Bike Donations



You may have seen on the club list that we have a beginner bike club running. However, at this moment this is limited to children who have their own bikes. We obviously don't want learning a basic life skill to be limited because of access to a piece of equipment!



Therefore, if you have a child's bike and/or helmet they have outgrown, and you no longer need please consider donating it to the school so we can widen the group we are supporting. Thank you for your support.

Learning Tips

Reading

Talk about books

This is a great way to make connections, develop understanding and make reading even more enjoyable. Start by discussing the front cover and talking about what it reveals and suggests the book could be about. Then talk about what you've been reading and share ideas. You could discuss something that happened that surprised you, or something new that you found out. You could talk about how the book makes you feel and whether it reminds you of anything.



Maths

Knowing their multiplication tables really helps children's development in maths. Whether you prefer to chant them, sing them or use times table rock stars this is the aspect that a little bit of practice every day can make a huge difference!





Well-being

The five ways to wellbeing

Often, life events that are outside our control can damage our mental health, and this is made worse if we feel powerless to do anything about them.

One of the ways we can regain a sense of control and nourish our mental health is to remember 'the five ways to wellbeing' which have been found in research to improve mental wellbeing in children and adults.

1. Connect with other people
2. Be physically active
3. Learn new skills
4. Give to others
5. Mindfulness

<https://www.nhs.uk/mental-health/self-help/guides-tools-and-activities/five-steps-to-mental-wellbeing/>

E- Safety

Want to know where to look for support on e-safety?

Being a National Online Safety School we believe in empowering parents, carers and trusted adults with the information they need to hold an informed conversation about online safety with their children.



There are several guides which can help this, and these can be found on our website www.ellenwilkinson.newham.sch.uk

Click on the Parent zone at the top and then go to E-Safety Tips.

Wellbeing and Support

If you are experiencing domestic abuse you are not alone.

Domestic abuse is taken very seriously in Newham. Nobody should live their fear of physical, financial, sexual, emotional abuse or sexual violence.

If you have experienced or are experiencing domestic or sexual abuse and like support, advice or advocacy please contact Hestia by phone (24/7) or email:

DInfoNewham.DSV@hestia.org

Tel: **0808 196 1482**

In the event of any emergency please dial 999.



COVID advice of the week- What is the COVID-19 Helpline?

The FREE COVID-19 Helpline is provided by Newham Council in partnership with Community Links. The Helpline can provide information on a wide range of questions about COVID-19 including getting tested, the test and trace service, as well as how and when to isolate. It can also provide information and support about accessing healthcare, food, financial advice, and much more if needed to help you if you are required to self-isolate.

Call 020 7473 9711 or email covidhelp@community-links.org.

The Helpline is open between 9am and 7pm, 7 days a week. Call handlers can speak multiple languages.



Early Years



Beckton & Royal Docks Children's Centre

Activity Timetable September 2021

FREE events and opportunities for you and your child!

Monday

- Sing-along & Stories, under 5 years 9.30am-10.00am **(Zoom) Contact the centre for the zoom details)**
- Music & Movement at Royal Wharf Community Dock Square, 2-5 years 10am-11am
- Messy Mondays, under 5's 11am-12pm
- Baby Sing-along & Stories, 0-12 months 1.30pm-2.30pm

Tuesday

- Stay & Play Babies, 0-12 months 10am-11am
- Childminders Support 10am-11.30am
- Stay & play, under 5 years 1.30pm-2.30pm

Wednesday

- SEND Stay & Play, under 5 years 10.30am-11.30am **(For children with additional needs, communication/speech delay)**
- Stay & Play Babies, 0-12 months 1.30pm-2.30pm
- Sing-along at North Woolwich Library 1.30pm-2.30pm **(starts 22nd September)**

Thursday

- Little Talkers, 4-week course for children over 2 years with speech/communication delay waiting to be seen by speech & language team 10am-11am **(starts 30th September)**

Friday

- Stay & Play AM, under 5's 10am-11am
- Stay & Play PM, under 5 years 1.30pm-2.30pm
- Baby Massage 11am-12pm **(starts 17th September)**
- Learning through Play, 4-week course under 5 years 1.30pm-2.30pm **(TBC)**

Booking essential for all sessions

Call the Children's Centre on **Fridays from 9.30am to book** or for more information about the sessions:

0207 474 0654

Beckton & Royal Docks Children's Centre, Dove Approach E6 5TJ (Access is via the house gate on Dove Approach.)

Email: info@becktonandroyaldockschildrenscentre.org.uk

Website: www.bardcc.co.uk

Congratulations

House Captains

- Our House Captains are selected from year 6 after a formal application and interview process.
- There are two appointed for each house and are supported by two members of school staff.
- They are responsible for looking after their house family across the school and are accessible to other children at break and lunch times.
- They are also responsible for promoting their house value across the school.
- On Friday's they lead our celebration assemblies, including announcing stars of the week and special mentions.

House Captains	House Staff
Zannat & Jonas	Ms Prendergast & Ms Julfa
Ikran & Paul	Ms Dains & Ms Herbert
Daniel E & Maria	Ms Woodward & Ms Tiris
Neeriah & Matei	Mr O'Dowd & Ms Golding
Joseph & Aiden	Ms St Hilaire & Ms Shabbir

Ambassadors

- Our Ambassadors are selected from year 6 after a formal application and interview process.
- There are twenty appointed and split into four teams.
- They are responsible for supporting whole school events such as harvest festival, nativities, discos etc.
- They also host visitors to our school, support in the lunch hall at break times and help in reception and year 1 classes during wet breaks or lunches.

Team 1	Team 2	Team 3	Team 4
Hawa	Shemi	Tade	Jayden
Michah	Kadijah	Kornelija	Rubena
Inyas	Isobel	Isaac	Sara
Grace	Gabriel	Ieva	Zarah
Sofia	Ava	Marli	Oscar

Junior Governing Body (JGB)

- Our Junior Governors are democratically elected by their classes.
- Each class from year 1 to 6 elect two governors through a secret ballot process.
- EYFS children's views are gathered by the year 6 reps and fed into the meetings.
- Children can propose themselves but have to make a speech to their classmates about how they will represent them before their names can be put onto the ballot papers.
- JGB meet regularly and are frequently used to gather children's opinions on developments and ideas across the school.
- They then work on several projects across the school year, some of which may have been suggested by the school and others that have come directly from the children.

Year Group	Class	JGB
1	Clownfish	Emily & Reece
	Lionfish	Frankie & Robert
2	Jellyfish	Ryan & Matas
	Starfish	Jessica & Diana
3	Lobster	Jay & Elena
	Turtle	Victoria & Matteo
4	Octopus	Maya & Kydon
	Seahorse	Alatz & Ilyas
5	Dolphin	Sammi & Kelicia
	Stingray	Kiya & Lauryn
6	Shark	Aimee & Paul
	Whale	Neeriah & Gabriel

Assembly Special Mentions



Congratulations to the following people who had a special mention in assembly this week

Starfish & Jellyfish classes - For being very successful in their Wow Day activities which was based on exploring what life was like for children throughout history.

Azzan (5D) - For improving accuracy and having the biggest increase in correct answers

Ilyas (4S) - For smashing end of year expectations in his timetables within the first two weeks of school due to his own dedication every single day of the summer holidays. He now has an average speed of 2.04 seconds. AMAZING!!

Jasmin (5D) - having the highest studio speed

House Winners

Every child is in one of our 5 houses. They can earn points for their house by showing our 5 school values and by supporting other children in the school. Each week the House with the most points become House of the Week. They have a star added to their chart in the hall. The House with the most stars at the end of the year gets an afternoon at the park with ice lollies too!

We are currently in the process of renaming our school houses and over the next couple of weeks children will be voting for who they think should be the role models we use. Therefore, we will be announcing the winning house as a colour until this takes place.



Last week's House winners who earned the most house points were



Purple House



Our stars are awarded in our Friday virtual assembly to children who have shown commitment to our school values during the week. To say thank you they also get 3 House Points and a star of the week pencil to use in school or take home.



Reception Stars begin once children are in full time.

	Inspire	Respect	Successful	Resilient	Heard & Cared For
Lionfish	Amber	Tessa	Spencer	Chaslyn	Isabella
Clownfish	Brittany	Ridwan	Shezhad	Haris	Darius
Jellyfish	Kenny	Matvii	Rokhaya	Abeera	Sumaiya
Starfish	Rachel	Zain	Samarah	Ayden	Aroush
Turtle	Jessica	Sofia	Aisha	Aleena	Katar
Lobster	Michael	Jay	Orion	Rejus	Simon
Octopus	Kevin	Ayesha	Patricija	Keianna	Rayan
Seahorse	Henryk	Daria	Illyas	Petra	Paulina
Stingray	Eliel	Nuraz C	Arijus	Lily	Maria
Dolphin	Camilla	Christina	Niah	Lilliana	Tornadas
Shark	Ikran	Micah	Maher	Shemi	Hawa
Whale	Theo	Sofia	Ieva	Junaid	Maria

Reception stars of the week will start being announced from next week.