



ELLEN WILKINSON PRIMARY SCHOOL NEWSLETTER 7 - 20th October 2021



Dear Parents & Carers,

Welcome to this week's newsletter.

Parents Evening



It was lovely to see so many of you during Parents Evening both in person and online and we hope you found the time with your child's teacher helpful.

This is the first time we have tried a mix of face-to-face and virtual.

Therefore, please take a couple of minutes to give us your feedback and any ideas about ways in which we can improve your experience using the link below. Thank you

<https://forms.gle/D7UxuBwU1pJBXVEw9>

Half Term Activities

There are several activities running across Newham this half term. To find out more use the link below:

<https://www.newham.gov.uk/children-families/activities-young-people-newham>



Free Cycle Training

Please take time to look in the community, wellbeing and support section on page 5 to find out how your family can access free cycle training.

Date Reminders

- Half term - next week
- Year 6 SATs briefing for parents - Tuesday 2nd November (on Zoom @ 2.15 & 4.30)
- Platinum Jubilee closure date for EWPS - Friday 26th November



We wish you all a good half term and look forward to welcoming you back on Monday 1st November.

Take care and stay safe.

Sue Ferguson

Year 6 Parents - Applying for Secondary School

Please remember that your child's secondary school application form must be submitted by **31st October**. If you need any help with doing this please speak to the main office by calling **020 7511 9414**.



General Information

New House Names

We are delighted to be able to share with you the new names for our school houses. These have been voted on by children across the school from a list of people we admire and have displayed qualities we want to have.

House	Name	Value	Why were they chosen?
	Creola Katherine Johnson	Inspire	Born in 1918. Johnson was one of only three Black students at her university. She had an amazing ability to do complex calculations and later worked for NASA, on the Space Shuttle programme. Due to unfair segregation laws at that time, Katherine had to work in areas where only African American people worked. Even the toilets and eating areas were segregated. Despite this, she used her math skills to create plans for a mission to Mars which helped America's first journey into space in 1961.
	Malalah Yousafzai	Respect	Malala grew up in Pakistan during a time where many girls stopped going to school at the age of 8. She protested for a change to happen and believed every child deserved a right to education. During this campaign, she was shot in the head on her way home from school. She survived and in 2014 won the Nobel Peace Prize for her contributions in children's education. She still campaigns for a better life for all children around the world today.
	Michael Rosen	Successful	British children's author and poet who has written 140 books. He served as Children's Laureate from June 2007 to June 2009. He has also been a TV presenter and a political columnist. Rosen received the annual J.M. Barrie Lifetime Achievement Award from the charity Action for Children's Arts, "in recognition of his tremendous work championing the arts for children as well as his achievements as a performer and author .
	Ade Adepitan	Resilient	Ade Adepitan was born in Lagos. At a young age he contracted polio, resulting in damage to both his legs and left him as a wheelchair user. He moved to London at three years old and grew up in East London. He is well known for his achievements in sports as a wheelchair basketball player. He was part of the British team that played at the 2004 Summer Paralympics, securing a bronze medal. He is now a successful TV presenter and climate activist.
	Marcus Rashford	Heard & Cared For	Marcus Rashford is an English footballer who plays for Manchester United. He is 23 years old and is an activist who campaigns against racism, homelessness, and child hunger. Marcus Rashford has teamed up with many charities to help change the lives of many children in Manchester and across the UK. In 2020, during lockdown Marcus set up a campaign to deliver meals to those who receive free school meals in Manchester. He even wrote to the government calling on them to end UK child poverty. A day later, the government announced a change to extending free school meals during summer holidays. His actions helped 1.3 million children.

A special thanks to Mrs Willis and Ms Adams for organising the voting and to all the children, parents and staff who suggested candidate names to include in our vote.

Learning Tips

Reading



There isn't a right or wrong book

Whether it's a short story, poetry, a graphic novel, non-fiction, joke books, a comic or even the back of a cereal packet, it doesn't matter what your child is reading - if they're enjoying it! Anything could kickstart a love of books. (And don't panic if they read the same book over and over again, either.)

<https://www.booktrust.org.uk/books-and-reading/tips-and-advice/reading-tips/>

Maths

Use Mathletics & times Table Rockstars

With half term coming up this is the perfect time to get your child to do 10 minutes a day of Mathletics and/or Times Table Rockstars!



A little practice every day can have a huge impact on your child's confidence with numbers!

Well-being The five ways to wellbeing



Maintaining good mental health is just as important as having a healthy body. It affects the way children think, feel and act. As a parent, you play an important role in promoting your child's mental health and recognising when there may be early signs of difficulties.

Tip 2 - Have quiet time together.

This is a great way to connect with your child and takes no planning! Uninterrupted quiet time provides an ideal environment for your child to focus and build their attention span. When things are overwhelming, quiet time can help your child reset their thoughts and avoid behaviour escalation to meltdowns.

<https://ssscpd.co.uk/education/parentsandguardians/child-mental-health-10-tips-for-parents>

E- Safety

It is really important to chat with your children on an ongoing basis about staying safe online.

Not sure where to begin? These conversation starter suggestions can help.

1. Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
2. Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
3. Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
4. Encourage them to help someone! Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
5. Think about how you each use the internet. What more could you do to use the internet together? Are there activities that you could enjoy as a family?



<https://www.saferinternet.org.uk/advice-centre/parents-and-carers/have-conversation>

Community, Wellbeing and Support

October Half Term Activities

This programme offers a wide range of fun and engaging activities for children and young people of all ages throughout half term. The programme is provided by Newham Council and local organisations.



Most of the activities offered are face-to-face but there are a few that are online. We encourage you to review the information on each activity and follow the advice on restrictions provided by the activity organisers.

In the holiday programme, you will also find information for young people and families on how to stay healthy and secure and how to access advice and support.

<https://www.newham.gov.uk/children-families/activities-young-people-newham>

Parent Connect

Please find attached to this week's newsletter the latest edition of Parent Connect that has lots of information about parenting support and opportunities in Newham as well as activities for families during half term.

In this edition:

- NEW BSL Videos! Newham Family Support Sessions – Youtube Videos Translated in Community Languages
- Open Conversation Romanian Group – Translated LIVE!
- GR8 Day 2 Play – Free for SEND Young People
- Therapeutic Workshops
- Parent Childcare Survey 2021
- RSBC October Programme – Includes half-term activities!
- Links Studios Youth Music Studio Project
- Headstart Peer Parenting Sessions
- DICE Parenting Support Programme
- IWF Reporting Indecent Images



National Sleep Helpline

One in four children in the UK are not getting enough sleep, this has an impact on their behaviour and ability to learn, as well as their physical and emotional health. It is also extremely challenging for families to deal with.

Help is available! The new National Sleep Helpline is run by trained sleep advisors who can talk to young people directly, or their parents. Further information can be found at

<https://thesleepcharity.org.uk/national-sleep-helpline/>

The helpline is open 5 nights a week, Sunday to Thursday, 7-9pm, call **03303 530 541**.

FREE Family Cycle Skills

Gain confidence and learn skills to cycle as a family with a family cycling session.



The London Borough of Newham is committed to making cycling a safe, enjoyable, and practical method of transport in the borough. Anybody who lives, works, or studies in the borough is entitled to **FREE** Cycle Skills:

Get tailored training at a level suited to your needs or book a lesson for the family (with up to three participants)!

Choose from Basic (off-road environment), Urban (quiet local roads) or Advanced (complex junctions and busy roads).

Further information can be found at

<https://www.cycleconfident.com/sponsors/newham/>

Congratulations

Assembly Special Mentions



Congratulations to the following people who had a special mention in assembly this week

Congratulations to the following children for achieving a new speed on Timetable Rockstars and earning their next certificates this week:

2J -Sumaiya

3L - Orion

4O - Isra, Aishah, Steven, Emma, Daniel, Dijana, Boston, Rayan, Precious, Naglis, Anna, Patricija & Diamond

4S - Miley, Quinel, Daria, Kesar, Khadija, Deniz, Kajus, Liam, Jake, Ilyas, Oluwafisayomi, Ulliel, Ashaz, Altaz & Afia

5D - Ali, Zeynep, Danielus, Eliza, Bella, Melissa

5S - Vanessa, Agnija, Ermal, Lauryn, Mikail, Aydan, Sofia, Maria & Nia

6S - Ikran

Year 6 - All the children that went to Fairplay house -Thank you for making us so proud of you all with your positive attitude, manners and spirit.

Year 6 - Children that remained in school - thank you for your creativity, hard work and cooperation during the week, you were true role models.

House Winners

Every child is in one of our 5 houses. They can earn points for their house by showing our 5 school values and by supporting other children in the school. Each week the House with the most points becomes House of the Week. They have a star added to their chart in the hall. The House with the most stars at the end of the year gets an afternoon at the park with ice lollies too!



Last week's House winners who earned the most house points were



Michael Rosen



Our stars are awarded in our Friday virtual assembly to children who have shown particular commitment to our school values during the week. To say thank you they also get 3 House Points and a star of the week pencil to use in school or take home.



	Inspire	Respect	Successful	Resilient	Heard & Cared For
Guppy 1	Layla	Hadassah	Patryk	Zakkariya	Matei
Guppy 2	Ryan	Niamh	Zoya	Lincoln	Samara
Lionfish	Scarlett	Mia	Frankie	Ola	Anderson
Clownfish	Gaia	Darius	Thomas	Harry	Natali
Jellyfish	Amira	Amelia M	Natalie	Raphael	Daniel L
Starfish	Fionel	Cindy	Ayden	Saule	Inaayah
Turtle	Tahmid	Sofia	Sajda	Ruby	Nojus
Lobster	Evie	Orion	Elena	Rajus	Simon
Octopus	Kydon	Noah	Oliver	Kevin	Maya
Seahorse	Meer	Kesar	Ryan	Yasin	Jake
Stingray	Kiya	Lauryn	Ermal	Lily	Wiktorja
Dolphin	Kellicia	Azaan	Zoya	Olivia	Melissa
Shark	Danyal	Zannat	Abdul	Emily	Joseph
Whale	Matei	Aiden	Leilas	Ava	Theo