



Dear Parents & Carers,

I hope you had a good half term and welcome back.

Anti- Bullying Week

Anti- Bullying week is due to take place from the 15th of November. The theme this year is “be kind.”

As part of this we will also be relaunching our anti-bullying charter with the children to remind them about expectations, what bullying is and what to do if it ever happens to them. This will include discussions about who they feel confident speaking to if they are worried about bullying or any other issue. We believe this is particularly important this year as many of our children have had significantly less time with others during the last 18 months because of Covid.

The Charter has been created previously by the pupils in the school and a copy of it will be sent with the newsletter next week.

If you have any questions about this please speak to your child’s class teacher, the learning mentors, or any member of the senior leadership team.



Date Reminders

- Year 6 Parents SAT’s briefing (on Zoom) - Tuesday 9th November @ 2.15 and repeated at 4.30
- Platinum Jubilee closure date for EWPS - Friday 26th November

And finally ...

We want to wish a Happy Diwali to all our families who will be celebrating tomorrow. We hope you have a wonderful day.



Take care and stay safe. Sue Ferguson

General Information

Class Assemblies

We are delighted to be returning to inviting parents into school for class assemblies from this half term. However, these will be held slightly differently at the moment due to ongoing Covid measures, this includes just having one other class viewing the assembly with parents, limit of two people per family, ventilation measures and spaced-out seating. Assemblies will take place on Thursday afternoons. Further details will be in next week’s newsletter, but the first few dates are listed below to help parents plan.

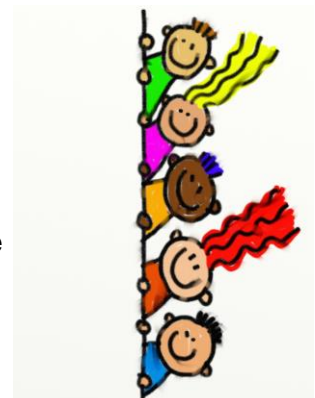
11/11/21 - Dolphin Class

25/11/21 - Shark Class

18/11/21 - Lobster Class

02/12/21 - Dolphin Class

Please be aware that onsite attendance may have to change back to virtual if school guidance is changed.



Flu vaccinations



This year the NHS are offering the opportunity for all children from Reception to year 6 to have the flu vaccine at school. This is **NOT** the covid vaccine.

The vaccine is given as a simple squirt up the nose.

Letters have been sent home today with more information. Please return your form as soon as possible to let us know if you do or do not want your child to have the flu vaccine,

More information can be found by using the link below

<https://www.nhs.uk/conditions/vaccinations/child-flu-vaccine/>

Child Protection & Safeguarding Policy



We have updated our child protection and safeguarding policy and although approved by the Governors Curriculum Committee it is due to be discussed more fully at the next Governing Body meeting on the 11th of November. We have attached a copy to this newsletter for your information. This can also be found on our website in the **parents tab/policies/safeguarding**.

The changes reflect the changes to Keeping Children Safe in Education (KCSIE) which is the Department for Education's (DfE) statutory safeguarding guidance for schools and colleges.

One of the main changes to KCSIE this year is new guidance and expectations around tackling sexual violence and harassment (including peer-on-peer abuse).

If you have any questions or would like more information about how we work as a school to safeguard children please ask to speak to the Headteacher (who is the Designated Safeguarding Lead) or any member of the safeguarding team.

Learning Tips



Reading

Build reading into your child's daily routine

Find a regular time for reading in your child's day, so that they can begin to expect it as part of their routine.

This can be any time of day.

Some children enjoy reading before bed, but others can just be too exhausted at night.

It might be better for some children to read just after dinner, or in the morning after breakfast, when they have more energy.

Writing

'Mash-up' story

Making a mash-up story that mixes characters from different books, films and TV shows can be a lot of fun. Get your child to choose a favourite character from a book and create a story that puts them into their favourite TV show or videogame. How would Sherlock Holmes solve a Minecraft mystery? What would happen if Mr Gum entered Strictly? Encourage your child to let their imagination run wild as they write their mash-up story.





Well-being

Maintaining good mental health is just as important as having a healthy body. It affects the way children think, feel and act. As a parent, you play an important role in promoting your child's mental health and recognising when there may be early signs of difficulties.

Tip 3 - Praise your child when they do well.

Recognise their efforts as well as achievements- praise the small steps. For example, say your child has difficulty sitting quietly and calmly at the dinner table. Although desired, it would be unrealistic to initially expect them to do this for half an hour. So small steps might be praising that they achieved 5 - 10 minutes. At the next meal this could be built on by reminding them of their previous achievement and setting a new goal of 15 minutes.

<https://ssscpd.co.uk/education/parentsandguardians/child-mental-health-10-tips-for-parents>

E- Safety

Want to know have access to free information guides on the latest apps, games, devices, and online risks – including streaming services, age restrictions and how to set up parental controls on phones and tablets. Then click the link below or go to our website and click on the parent zone tab/ e-safety tips.



<https://nationalonlinesafety.com/guides>

Community, Wellbeing and Support

5 Ways to a Healthier Life

Public Health is delighted to announce the launch of our new booklet, covering lots of simple things you can do to improve your health after the pandemic, as well as information on many free services in Newham to help you.

Find out about the following vital topics, which are all connected and help each other: body, mind, money, winter, COVID-19 prevention.



<https://www.newham.gov.uk/downloads/file/3856/newham-5-ways-a5-online>

COVID advice of the week- What is the Newham COVID helpline?

If you are unable to isolate safely at home, need other support while you're isolating (including accessing food, financial advice, or befriending) or have questions related to COVID-19 the Newham COVID-19 Helpline will be able to provide information and direct you to services which may be able to assist you.



You can contact the Newham COVID-19 Helpline on **0207 473 9711 (9am-7pm, 7 days a week)** or email covidhelp@community-links.org.

Congratulations

Assembly Special Mentions



Congratulations to the following people who had a special mention in assembly this week



Aroush (2S) & Diana (3L) For successfully managing to ride their bike in Bike Club for the first time. We are so proud of you! Miss Dains, Miss Woodward, and Mr Hart.

Congratulations to the following children for achieving a new speed on Timetable Rockstars and earning their next certificates this week:

2J -Sumaiya

2S - Joel

3T- Elena

4O - Isra, Aishah, Steven, Emma, Daniel, Oliver, Nuelf, Dijana, Boston, Maya, Rayan, Precious, Naglis, Anna, Kevin & Diamond

4S - Petra, Miley, Quinel, Daria, Yasin, Kesar, Khadija, Deniz, Kajus, Liam, Jake, Abdul Hameed, Ilyas, Oluwafisayomi, Meer, Ulliel, Armani, Ashaz, Altaz & Afia

5D - Saami, Amresh, Eliza, Bella, Melissa & Zeynep

5S - Vanessa, Agnija, Maxi, Lily Rose, Daria, Aleeza, Cassandra, Peter, Rafan, Precious, Aydan, Sofia, Maria & Nia

6S - Ikran & Kornelija

House Winners

Every child is in one of our 5 houses. They can earn points for their house by showing our 5 school values and by supporting other children in the school. Each week the House with the most points become House of the Week. They have a star added to their chart in the hall. The House with the most stars at the end of the year gets an afternoon at the park with ice lollies too!



Last week's House winners who earned the most house points were

Ade Adepitan



Our stars are awarded in our Friday virtual assembly to children who have shown particular commitment to our school values during the week. To say thank you they also get 3 House Points and a star of the week pencil to use in school or take home.



House Name	Creola Katherine Johnson	Malalah Yousafzai	Michael Rosen	Ade Adepitan	Marcus Rashford
Value	Inspire	Respect	Successful	Resilient	Heard & Cared For
Guppy 1	Zahra	Darjans	Ismaeel	Amber	Aisha
Guppy 2	Masheedat	Paula	Elsie	Charissa	Simona
Lionfish	Spencer	Isabella	Jibrail	Austeja	Robert
Clownfish	Nicole	Nael	Elia	Eliora	Dawud
Jellyfish	Eric	Emilijus	Mariana	Matas	Ramisah
Starfish	Joel	Majus	Deborah	Andrew	Diana
Turtle	Milana	Hamzha	Amina	Micheal	Sofia
Lobster	Michael	Rejus	Alexandra	Phillip	Jay
Octopus	Maddison	Nuelf	Patricija	Nasharie	Anna
Seahorse	Paulina	Quinel	Artjoms	Deor	Kajus
Stingray	Olivia	Aleeza	Eliel	Daria	Precious
Dolphin	Adeturayo	Saami	Jahleeka	Arianna	Olivia
Shark	Any	Sara	Aimee	Ikran	Micah
Whale	Ieva	Kelly	Maria	Gabriele	Leilas