



Dear Parents & Carers,

Welcome to this week's newsletter.

### Colder weather & ventilation



As the weather has turned colder please make sure your child comes to school with a coat to wear at breaks and layers that can be added or taken off during class times. The provision of adequate ventilation, which must include air flow, is part of the statutory guidance all schools currently have from the Department for Education and Public Health.

However, we also need to balance this with children not being too cold to learn! We do have our heating on full and have air quality monitors in all classes so that staff can keep doors and windows closed as much as possible. We air the classrooms fully before school and during breaks to reduce need for doors open during class times and we also have rearranged some rooms as much as possible to keep children away from draughts but making sure your child has their school jumper with them will help too. Thank you.

### Flu Vaccination

After being asked by a parent, we have checked with the vaccination service and your child can have the flu vaccine if they have had Covid but are now recovered.

### Early Years Newsletter

This month's Early Years newsletter is attached for our nursery and Reception parents.

### Parent Connect

The latest version of Parent Connect is attached to this newsletter. It includes information of support that is available for families in Newham.



### Mathletics Challenge

There is an inter school Mathletics Competition running from Monday to Sunday, 15 – 21 November. Details are on the Maths Learning Tips. Keep logging on, growing those maths brains, and earning those points!

**Date Reminder - Platinum Jubilee closure date for EWPS - Friday 26th November**

**Take care and stay safe.**

**Sue Ferguson**

## General Information

### **Governors' Annual Survey**

We value the opinions of everyone in our school and believe that the more we work together, the better the outcome for our pupils. To support this, every year the Governing Body conducts a parents' survey to ascertain your views of the school. These are then used to help inform our school evaluation and future planning.

Therefore, we would ask that you please take a couple of minutes to fill out the survey.

**Any forms that have a name attached will automatically be entered for our prize draw to win £25 of uniform vouchers.**



Forms can be completed online using the link below or you can complete a paper copy to put in the survey boxes at the school gates at the end of each day. Thank you

<https://forms.gle/B8h1tL9kz6Hzpvnn6>



### **Athlete & Whole School Sports Event**

We were very fortunate to have a professional athlete come into our school and run a circuit lesson for Reception to Year 6 on Monday. Gianni Frankis, a professional hurdler, then presented an inspirational assembly with the main theme of resilience. The money raised will help the school to buy new equipment to give our children different opportunities within sport. Please can all money come in or be put onto the online system by the end of the week. Thank you for all your support.



**Ms Dains**

### **Congratulations to our new Eco-Guardians**

It was a pleasure to announce the Eco-Guardians last Friday in Assembly- They'll be helping us change how we use resources in our school and how we teach about climate change. Our Eco Guardians are as follows:

**Y1 - Frankie (1L) & Reece (1C)**

**Y2 - Ryan (2J) & Diana (2S)**

**Y3 - Victoria (3T) & Jay (3L)**

**Y4 - Maya (4O) & Ilyas (4S)**

**Y5 - Kelicia (5D), Kiya (5S), & Olivia (Olivia came second in an eco-competition on Blue Peter and was mentioned on the show last week!)**

**Y6 - Sam A (6W) & Abdul Hameed (6S)**



Next Friday, 'Curious by Nature' a non-profit community organisation that has just been established with help from Newham Community Assemblies funding, have organised a Local Litter Pick in Beckton Park South from 10am-12pm and the Eco Guardians will be representing EWPS! Parents are very welcome to join, meeting outside the Tollgate Rd entrance of the school at 09:50. Look out for pictures in a future newsletter, along with regular updates from the Eco Guardians.

**Mr O'Dowd**

# Learning Tips



## Reading

### Take breaks while reading

Your child doesn't have to read an entire book in one go! Any time spent sharing or talking about a book is beneficial, even if it's just a couple of minutes at a time. If they have to close the book early because it's time for tea, or they're just losing interest, that's okay!

Reading can take a lot of mental energy and taking breaks gives children a chance to slowly build the mental stamina they need, so that soon they will be able to read for longer stretches of time.

## Maths

### Welcome to the November Mathematics Numeracy Challenge!

The competition will run for one week, Monday to Sunday, 15 – 21 November. Each school will compete to earn as many Live Mathematics points as possible within the week. The top schools will be the schools with the highest average total of Live Mathematics points. This will be calculated by taking the total number of Live Mathematics points divided by the total number of registered students in the school.



So remember to keep those Mathematics challenges going!



## Well-being

*Maintaining good mental health is just as important as having a healthy body. It affects the way children think, feel and act. As a parent, you play an important role in promoting your child's mental health and recognising when there may be early signs of difficulties.*

### Tip 4 - Foster your child's self-esteem.

Self-esteem is how they feel about themselves, both inside and out. Children with good self-esteem generally have a positive outlook, accept themselves and feel confident. Fostering self-esteem includes showing love and acceptance, asking questions about their activities / interests and helping them to set realistic goals.

<https://ssscpd.co.uk/education/parentsandguardians/child-mental-health-10-tips-for-parents>

## E- Safety

You may be considering purchasing a technology gift for your child for Christmas. When buying devices for your child, it can be difficult to know what to look out for to keep your child safe online. Guidance to help you can be found by clicking the link below.

<https://www.internetmatters.org/resources/tech-guide/>



# Community, Wellbeing and Support

## Local Area Housing Forum

Are you a tenant or leaseholder of Newham Council, or do you live in a block or on an estate managed by them? If so, come along to your Local Area Forum to hear updates from them and to discuss issues that matter to you so we can help to improve your neighbourhood.



Local Area Forums are running throughout November with dedicated sessions for each area in the borough.

<https://newhamco-create.co.uk/en/folders/newham-housing-resident-involvement>

### Engine Off - Every Stop



Did you know that 4,500 children are hospitalised and 96 people die each year due to poor air quality in Newham? Newham residents are exposed to high levels of toxic pollution from vehicles, contributing to the highest death rate in England according to the UK Health Security agency.

Therefore Newham council are supporting the London-wide anti-idling campaign 'Engine Off. Every Stop' this November. The campaign runs through November and **aims to improve air quality and reduce air pollution simply by asking London drivers to turn their engines off when stationary to stop the spread of this invisible killer.**

Please help to improve Newham's air quality by doing your bit and switching off your engine when your car is stationary.



<https://www.newham.gov.uk/news/article/730/drivers-urged-to-switch-engines-off-at-every-stop-as-council-backs-anti-idling-campaign-to-improve-air-quality>

### Changes to Recycling for Newham Residents



From Monday, 15 November residents in Newham will be able to put more of their recycling into the orange-lidded recycling bins or orange sacks as the Council widens its recycling service.

Currently residents can recycle paper, cardboard, plastic bottles, and tin cans. The new scheme will see glass bottles and jars, clean foil, empty aerosols, clean plastic pots and tubs, yoghurt pots and fruit punnets added to the list of items. The Council will inform residents what they can and can't recycle throughout November.

<https://www.newham.gov.uk/recycle>

### COVID advice of the week- Parent Letter from Public Health

Newham's directors of education and public health have written a letter to all parents/carers to share the latest advice related to COVID-19 - to minimise disruption to children's learning and keep everyone safe this winter. This is attached to this newsletter.



## Congratulations

### House Winners

Every child is in one of our 5 houses. They can earn points for their house by showing our 5 school values and by supporting other children in the school. Each week the House with the most points becomes House of the Week. They have a star added to their chart in the hall. The House with the most stars at the end of the year gets an afternoon at the park with ice lollies too!



Last week's House winners who earned the most house points were

**Malalah Yousafzai**





## Assembly Special Mentions



Congratulations to the following people who had a special mention in assembly this week

**Guppy 1 & 2** - For their good listening and observation skills and behaviour on their first school trip around the local area. Well done, we are so proud of you all!

**Elena, Diana, Rhea, Micheal, Evie (3L)** - For learning their spellings and frequently getting full marks in the test.

Congratulations to the following children for achieving a new speed on Timetable Rockstars and earning their next certificates this week:

**Sumaiya - J2**

**Kydon, Daniel, Nuelf, Boston, Maya, Anna, Naglis, Diamond - 4O**

**Petra, Kajus, Jake, Abdul Hameed, Ilyas, Meer, Ashaz, Afia - 4S**

**Eliza - 5D**

**Wiktorija, Rafan, Arijus - 5S**

**Oyetade - 6S**

For achieving Mathletics certificates

**Saarah, Nojus, Milana, - 3T**

**Michael Ch - 3L**

**Aleksandra - 1L**

**Gaia - 1C**

**Diamond (4O)** After a month of hard work with us at maths club, Diamond has brought her speed up from 10.17seconds to 2.91 seconds! We are all so proud of you.

**Daria (4S)** -For learning how to multiply two 3-digit numbers successfully! For helping her younger brother with perfecting his times tables ready for his times table test in Year 4.

**Jake (4S)** -For saving Miss Woodward when an enormous spider decided to make the classroom their home! Much appreciated!



Our stars are awarded in our Friday virtual assembly to children who have shown particular commitment to our school values during the week. To say thank you they also get 3 House Points and a star of the week pencil to use in school or take home.



House Name	Creola Katherine Johnson	Malalah Yousafzai	Michael Rosen	Ade Adepitan	Marcus Rashford
Value	Inspire	Respect	Successful	Resilient	Heard & Cared For
Guppy 1	Nyla	Alex A	Adamas	Alex C	Gabriel
Guppy 2	Isabella	Eva	Aariz	Noah	Ariya
Lionfish	Ayden	Stefania	Aleksandra	Tanya	Iulian
Clownfish	Kevin	Olivia	Emily	Sonny	Ridwan
Jellyfish	Sumaiya	David	Daniel M	Matvii	Liepa

Starfish	Kai'rone	Milana	Samarah	Hannah	Cindy
Turtle	Milana	Matteo	Sajda	Aisha	Nojus
Lobster	Sneeha	Hussain	Jason	Eidanas	Vesta
Octopus	Isra	Noah	Rayan	Dijana	Daisie
Seahorse	Jake	Meer	Liam	Armani	Afia
Stingray	Rafan	Daria	Nuraz A	Wiktorja	Eliel
Dolphin	Adeturayo	Saami	Jahleeka	Arianna	Olivia
Shark	Any	Sara	Aimee	Ikran	Micah
Whale	Ieva	Kelly	Maria	Gabriele	Leilas