



Support with DV



Help with accessing English Classes

Find out courses and volunteering

Getting back to work



Help with childcare and children's behaviour



Support with budgeting, claiming benefits, food bank vouchers



Friendly support and advice



Signpost to Housing Services

We are here to help you access our Children's Centre Services and direct you to the right Universal Services.

Don't struggle alone!

Staff are here to listen and support with various matters. Please ask to speak to a Family Support Worker at

Beckton and Royal Docks Children's Centre, Tollgate Road, E6 5UP.

Tel: 0207 474 0654 Website: www.bardcc.co.uk