

ELLEN WILKINSON PRIMARY SCHOOL NEWSLETTER 6 - 10th October 2022



Dear Parents & Carers,

The majority of our year 6 children are at Fairplay House this week on their 5 day residential which includes activities such as archery, high ropes, canoeing, crabbing and caving. I was fortunate enough to join them yesterday and enjoyed learning how to make a campfire and cook pancakes over it!

Up & Out Week

Next week is Up & Out week so children in years 1 to 6 will have a range of people coming in to discuss with them different careers and occupations including emergency services, hospitality, finance, scientists, artist, musicians, advertising, chefs and even some engineering students. We look forward to sharing our learning from all our visitors with you.

Reminder - no backpacks please

Please do not send your child into school with a backpack as we have trouble storing them and their weight pulls the coat hooks off of the wall. Most children only need their book bags (which their water bottle can go into) as other personal items should not be brought into school. This does not apply to year 4 on Wednesday during their swimming sessions. Thank you.



Take care and stay safe Sue Ferguson

General Information

Parent's Evening

Parents evening will be held on **Thursday 20th October 2022.** All meetings will be face to face with your child's teacher.

Appointments will be available to book on ParentMail from 6pm on Wednesday 12th October.



Access to your child's class before 3.30pm will be via the school playground. After 3.30pm please use the main reception entrance.

There will be a school dinner taster session and CGP Books on sale in the main hall as well as e-safety advice and Mandarin opportunities. Please note that we are only able to accept cash for CGP books purchases. These are also available to buy on Parentmail.

There will be no after school clubs on this day - this was already covered in the dates you were given.

Nursery

Appointments will need to be made directly with your child's key worker. You can do this when collecting your child from Thursday onwards.

Reception to Year 6

You can book your appointment via Parentmail. Slots are available from 3.30pm-7.20pm. Please speak to the main office if there are no slots available.

Year 6 Parents - Applying for Secondary School

Please remember that your child's secondary school application form must be submitted by <u>31st October</u>. If you need any help with doing this please speak to the main office by calling **020 7511 9414**.



Updated Dates for your diary

12th-21st October - Book Fair

Thursday 13th October - Year 4 Octopus Sharing Assembly

Friday 14th October - Parents workshop - How to help your child with phonics (Nursery & Reception Children)

w/b: 17th October - Up & Out week

Thursday 20th October - Parents evening

Friday 21st October - Applying for a Reception place 2023

24th - 30th October - Half term

31st October - First day of Term

3rd November - Year 6 SATS Parents Meeting (Virtual) 2.15pm & 4.30pm (More details to follow)



If your child was born between 1st September 2018 and 30th August 2019 then they are due to start school in September 2023. We will be sending nursery children home with a booklet from the London Borough of Newham with information about your local schools and the application process. This should be with you between Wednesday 19th and Friday 21st October.

In addition to this we will be holding a zoom meeting with Mrs Laskar to guide you on the process. This will be on Friday 21st October at 9.00am and again at 4.00pm. The link for this will be sent to you next week.





Privacy Notices

We have updated our privacy notices for pupils and parents. This is attached for your information and can be found on our website in the Our school >UK GDPR>Privacy Notices

https://www.ellenwilkinson.newham.sch.uk



Book Fair

The book fair will be in school from today, Wednesday 12th October until Tuesday 18th October. This will be held in the hall or in the area outside of the hall from 3.15pm each day.

Our Learning

Year 6 Trip -New Scientist Live at The Excel

On Friday, Year six went on a fabulous trip to New Scientist Live at the Excel.

They learnt and engaged with cutting edge technology and were able to remove tumours from the brain, used probes to monitor brain activity, put stents in the heart, recorded their voices and heard what they would sound like on other planets. They programmed and took selfies with a robot, went on a virtual reality rollercoaster and saw how organs were made using 3D printing.



















Year 3- Ancient Egypt Workshop

Year 3 had an Ancient Egypt workshop on Thursday 29th October 2022. We enjoyed learning activities such as creating ink, carving soap and painting hieroglyphics.









Learning Tips





There isn't a right or wrong book

Whether it's a short story, poetry, a graphic novel, non-fiction, joke books, a comic or even the back

of a cereal packet, it doesn't matter what your child is reading - as long as they're enjoying it! Anything could kickstart a love of books. (And don't panic if they read the same book over and over again, either.)

https://www.booktrust.org.uk/books-and-reading/tips-and-advice/reading-tips/

- Maths
- Use Mathletics & times Table Rockstars

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With half term coming up the perfect time to get child to do 10 minutes a Mathletics and/or Times Rockstars!



this is your day of Table



 A little practice every day can have a huge impact on your child's confidence with numbers!



Well-being The five ways to wellbeing

Maintaining good mental health is just as important as having a healthy body. It affects the way children think, feel and act. As a parent, you play an important role in promoting your child's mental health and recognising when there may be early signs of difficulties.

Tip 2 - Have quiet time together.

This is a great way to connect with your child and takes no planning! Uninterrupted quiet time provides an ideal environment for your child to focus and build their attention span. When things are overwhelming, quiet time can help your child reset their thoughts and avoid behaviour escalation to meltdowns;

https://ssscpd.co.uk/education/parentsandguardians/child-mental-health-10-t ips-for-parents

E- Safety - What parents need to know about BeReal.

BeReal is the latest trending social media app. The concept is that people see others in their authentic day-to-day lives, sharing candid photos without editing or applying filters. Each day at a random time, users are simultaneously notified to take a photo of what they're doing at that exact moment. The two-minute window to submit an image

means there's no time to select a particularly glamorous or exciting activity.

BeReal shares two pictures: a selfie, and an image of the immediate surroundings. Users can only view and react to their friends' photos once they

Nos National Online Safety

In the guide, you'll find tips on a number of potential risks such as strangers, location sharing and visible personal data.

upload their own.

https://nationalonlinesafety.com/guides/bereal

Community, Wellbeing and Support

Boost Your Immunity This Winter & Get Your Free Flu Vaccine

As we enter flu season, it's vital we boost our immunity this winter by getting the flu vaccine. It's offered every year through the NHS to protect people who have a higher risk of becoming seriously ill from flu.

The NHS recommends the best time to have the flu vaccine is autumn or early winter before flu begins to spread.

Visit your local pharmacy or GP today to get the flu vaccine and let's help stop the spread of flu this winter.



The flu vaccine is free for certain priority groups including, over 50s, pregnant women and frontline health and social care staff.

Find out if you are eligibile for a free flu vaccine >

Our Newham Support

We are working hard to support those most in need. Our Newham services have seen significant increases in requests for help, particularly from families requesting help with energy bills and basic food.





If you're struggling with the rising cost of living you can apply to Our Newham Money Emergency Support, our local welfare scheme.

Our Household Support Fund has already supported 32,000 households with food, energy and other essentials. If you need help or advice, it's available from Our Newham Money (financial wellbeing support and advice), Our Newham Work (finding work, apprenticeships and training) or Employment Rights Hub. You can also find out more about food support from the

Newham Food alliance, including how to refer yourself or someone in need.

Black History Month



Black History Month is an annual celebration of the contributions made by Black African and Caribbean communities in the borough, nationally and internationally. The celebration runs throughout October.

Explore a month of virtual and live events that celebrate the contributions made by Black African and Caribbean communities in the borough, nationally and internationally. To launch our programme, we are excited to be joined by

Plaistow-born, award-winning British Grime MC, rapper and songwriter, Ghetts, who will talk about his career.

https://www.newhamblackhistory.org/

Stoptober Events in Newham



This Stoptober our Quit Well Newham Stop Smoking Team are holding weekly drop-in sessions and outreach events across Newham to help residents who want to guit smoking.

Residents will get free, friendly advice on the many different ways to quit and find out about the money they can save – up to £167 per month!

This support is all the more important as smokers are four times more likely to quit with help from *Quit Well Newham* than trying to do it on their own.

https://www.newham.gov.uk/stoptober

Menopause at work:

free workshop for residents

National Menopause Awareness day is on Tuesday 18 October. In

ments Rights Hub o to raise perimenopause

WE ARE

SUPPORTIVE.

support of this day the Employments Rights Hub is delivering an online workshop to raise awareness of menopause and perimenopause and its impact on the workplace. It will include practical advice on how to approach employers for support and how employers can make adjustments for employees who are going through menopause and perimenopause.

The event will take place online on Tuesday 18 October, 11-12.30pm

Book your free place by emailing employment rights using this link >

Half Term Holiday Clubs



Mix it up this half-term with our multi-activity holiday camps! These camps are a perfect blend of activities for all ages, combining different sports with a variety of team games. Every day is different, with a mix of fun

activities that children may not have tried

before – from roller skating to fencing, lacrosse to cheer. Book now for a half-term full of fun!

Hallsville Primary Multi Sports 24th-28th October Monday to Friday 9.00am - 3.00pm



Congratulations

Work of the Week

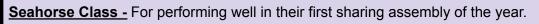
Congratulations to the following children who have been nominated by their teachers for the quality of their work this week.

Year	Name	Context of Work
Reception		
Year 1	Khadija	For independently writing questions in English.
Year 2	lulian	For presenting his work neatly every lesson.
Year 3	Matas	For solving reasoning questions in maths.
Year 4	Elena	For writing a beautiful description.
Year 5	Boston	Wonderful, creative and thoughtful poster about bullying
Year 6		

Assembly Special Mentions

Congratulations to the following people who had a special mention in assembly this week

Rohaan (L1) - For always showing his beautiful manners to all members of staff, particularly to the staff who serve his food. Thank you! From Everton, Jackie and the team.



House Winners

Every child is in one of our 5 houses. They can earn points for their house by showing our 5 school values and by supporting other children in the school. Each week the House with the most points becomes House of the Week. They have a star added to their chart in the hall. The House with the most stars at the end of the year gets an afternoon at the park with ice lollies too!

Last week's House winners who earned the most house points were

Marcus Rashford





Certificate Mentions 07/10/2022



Congratulations to the following people who achieved a certificate this week

Certificate	Name & Class	Level
Lexia (New levels completed)	Tahmid (S4) Alena (S4)	7 11
Times Table Rockstars (New speed record!)	Zain, Jayden, Matas, Daniel M, Sumaiya, David (L3) Simon, Emma, Tyler, Vesta, Issa, Diana, Glory, Rares, Hussain, Elena, Abdul, Orion, Jason, Evie (O4) Olivia, Milana, Jahdel, Minahil, Saarah, Hamzah, Lakshana, Victoria, David I, Nojus (S4) Maya, Daniel, Nasharie, Diamond, Aishah, Aiden, Nicholas (D5) Nicoleta, Kotryna, Miley, Fisayo, Alatz, Ilyas, Henryk, Quinel, Yasin(S5)	
Mathletics Bronze	Reece, Ridwan, Emily, Shannon (J2) Sumaiya, Daniel M, David (L3) Olivia (S4) Fisayo, Artjoms (S5)	
Mathletics Silver	Shannon (J2) David (L3)	
Mathletics Gold	David (L3)	



Our stars are awarded in our Friday assembly to children who have shown particular commitment to our school values during the week. To say thank you they also get 3 House Points and a star of the week pencil to use in school or take home.



07/10/2022

House Name	Creola Katherine Johnson	Malalah Yousafzai	Michael Rosen	Ade Adepitan	Marcus Rashford
Value	Inspire	Respect	Successful	Resilient	Heard & Cared For
Guppy 1					
Guppy 2					
Lionfish	Ariya	Rohaan	Musa	Elsie	Paula
Clownfish	Hadassah	Khadija	Esther	Jake	Masheedat
Jellyfish	Nefeli	Nicole	Reece	Ridwan	Sarah
Starfish	Spencer	Alisha	Jibrial	Areeb	Anderson

Turtle	Inaaya	Max	Joel	Hasan	Majus
Lobster	Sumaiya	Mariana	Matvii	Muhammad	Emilijus
Octopus	Vesta	Jay	Hussein	Eidanas	Sneeha
Seahorse	Aisha	Alena	Minahil	Henry	Ruby
Stingray	Alexandr	Quinel	Deniz	Fisayo	Ryan
Dolphin	Hannah	Alan	Boston	Christopher	Noah
Shark					
Whale					