



ELLEN WILKINSON PRIMARY SCHOOL NEWSLETTER 10 - 16th November 2022



Dear Parents & Carers,

Last Friday we marked Remembrance Day with a special assembly and observed a two minute silence at 11 am. I thought you would like to know that the children's reflections in assembly and the way they observed the silence was impeccable.



Anti-bullying week

This week is anti-bullying week. We use this opportunity to reinforce and raise the profile of the importance of not tolerating bullying. Things that are being covered include:

- What bullying is and isn't
- Our anti-bullying charter and our rights and responsibilities to this
- How we can reach out to others for help
- Different scenarios so children can practise what to do
- Positive friendships

Please take the opportunity to discuss this with your child at home. To support this a copy of the anti-bullying charter (which was originally created by our children) is attached to this newsletter.

Take care and stay safe.

Sue Ferguson



Governing Body

By the end of this week we will be sending out our Governing Body annual newsletter to parents. This explains what has been happening in the school during 2021-22 and will include the results from the parent survey carried out at the end of the academic year.

There will also be details about the opportunity to come and share a cup of tea with some of our governors and discuss the information included in the newsletter and find out more about the governor's role in our school.

General Information

Updated Dates for your diary

****Please note there have been some changes to dates from last week's newsletter****

14th - 18th November - Anti-Bullying Week

17th November - Year 6 Whale Sharing Assembly

24th November - Year 4 Parent Meeting – Multiplication Screening

24th November - Year 6 Shark Sharing Assembly

1st December - Parent Meeting – Attendance & Punctuality, 10.30am

1st December - Parents meeting – online safety

5th December - EYFS & KS1 Discos

6th December - Year 2 Nativity Performance

7th December - Nursery & Reception Nativity Performances

8th December - Year 1 Nativity Performance

12th December - KS2 Discos

14th December - Christmas Jumper day & Christmas Lunch



Further Details regarding Christmas Events will be in next week's newsletter.

Parent Meeting - Year 4 Multiplication Screening

We will be holding a Year 4 Multiplication Screening Virtual meeting on:

**Thursday 24th November
@ 2.30pm-3.00pm OR 4.30pm-5.00pm**

This is only for parents of children in Year 4

<https://us06web.zoom.us/j/87629238508?pwd=ZTlvbVA0cmdHYUN6cmJ3cGlzTW4xZz09>

Parent Meeting - Online Safety

We will be holding an Online Safety Virtual meeting on:

**Thursday 1st December
@ 2.30pm-3.00pm OR 4.30pm-5.00pm**

*This is for parents of children in
Reception - Year 6*

<https://us06web.zoom.us/j/87629238508?pwd=ZTlvbVA0cmdHYUN6cmJ3cGlzTW4xZz09>

Our Learning



Ascension Church Visit - Year 1

Year 1 had the chance to visit Ascension Church to learn about Baptism. They had lots of fun looking around the church to find all of the crosses. The church even rang the church bell for us!

Remembrance Day Service

On November 11th, the Junior Governors from Year 4 & 5 represented our school in attending a Remembrance Day Service at Central Park. We felt privileged to be invited to honour the many people who have fought for our country, past and present.



Anglo Saxon and Viking workshop - Year 5



This week Year 5 had the opportunity to take part in an Anglo Saxon and Viking workshop. Our pupils were able to travel back in time to 878 AD to take part in practical activities and role play. The children were able to gain further understanding of the lives lived by those in Britain during the Dark Ages.



Learning Tips

Reading

Encourage your child to be the author



Build writing and drawing into your routine at home by helping your child tell a story. When telling stories, children are practising important language skills.

Maths

Family Maths Toolkit



We all use maths every day, often without realising it. Every child can develop the skills they will need, both at school and throughout their lives. Helping your child feel confident about maths now gives them a head

You can model this, by telling them stories. Children love to hear stories about your childhood or other experiences, and it gives them inspiration for telling their own stories.

start. The link below has lots of information for parents on how to do this.

<https://www.familymathstoolkit.org.uk/advice-for-families>



Well-being

Looking after your mental health at Christmas

This can be a very overwhelming time of year. Your family's mental health (and yours!) does not need to be put on hold. Click on the link below for some simple ideas to support you all at this time of year.



<https://www.youngminds.org.uk/young-person/blog/looking-after-your-mental-health-at-christmas/>

E- Safety

Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them.

Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

In the guide, you'll find tips such as playing online games with your child, talking about your child's online life and being prepared to listen without showing any judgement or criticism.



<https://nationalonlinesafety.com/guides/combat-online-bullying>

Community, Wellbeing and Support

SMOKING AND MENTAL HEALTH

November 17
5.30 - 6.45 pm
via MS Teams

Join our free online workshop to find out how quitting smoking can reduce your stress levels and improve your mental health.

Find out how to quit using the right support and learn to cope better with stress.

To attend, register by emailing us elft.nttworkshops@nhs.net OR [click here](#)

ARE YOU WORRIED
ABOUT ENERGY USAGE
IN YOUR HOME?



Home Energy Usage

Worried about energy usage in your home? We've produced a handy guide to saving energy and keeping warm, as well as where to get help and advice

on your gas and electricity bills.

Did you know that you can save around £80 a year by unplugging your TV and computers instead of leaving them on standby mode?

Our Energy usage at home leaflet has more hints and tips, plus information on where help may be available if you are struggling to pay your bills.

[Find out about how you can save energy at home >](#)

We Are Together at Christmas

Christmas is quickly approaching but this year could be more challenging due to the cost of living crisis. Against this backdrop, Newham Council wants to do all it can to bring our communities together at Christmas – and it wants your help.

This year, Newham is organising a borough wide campaign 'We are Together at Christmas' that will include a series of 'Switch On' light events from 19th November then, from 12-17th December, the Newham 'Big Christmas Lunch' week when the Council aims to host the largest number of Christmas lunches in a single week, and we are calling on residents to take part in Newham's Big Christmas Lunch.



FREE SCHOOL MEALS

FREE
school meals
You could save
£500
a year
per child!

FOR PRIMARY SCHOOL CHILDREN



To apply for free school meals and find out more visit:
www.newham.gov.uk/freeschoolmeals

It's Never Too Late to Study Law

Want a career in Law? Our award-winning Pre-Entry Programmes team at University of East London (UEL) can help you navigate a variety of options in the legal field. With our law short course, you'll gain lifelong skills, enjoy flexible studying, and get to know what studying law at university is really

like. The course starts in October, February and May of each year. Our Introduction to Law Short Course is a one-of-a-kind approach to apply for a Law degree. The course is designed to prepare you to access a law degree even if you don't have formal qualifications. This course will introduce you to the study of law and equip you with the necessary academic skills to progress on to one of several law degrees at the University of East London.

www.uel.ac.uk/introtolaw

Registration is now open.

Call 020 8223 4354 to speak to a friendly advisor or email pep@uel.ac.uk

Congratulations



Unfortunately we did not have enough time in last week's assembly to complete all the congratulations. Look out for double next week!



	Katherine Johnson	Malalah Yousafzai	Michael Rosen	Ade Adepitan	Marcus Rashford
	Inspire	Respect	Successful	Resilient	Heard & Cared For
Guppy 1	Ruby	Lucian	Daniel	Jana	Fisola
Guppy 2	Anna	Bliss	Otilia	Jimmy	Joao
Lionfish	Charisa	Neyara	Michaela	Alex A	Lincoln
Clownfish	Toby	Aariz	Darjans	Ryan	Zoya
Jellyfish	Reece	Nefeli	Darius	Sonny	Emily
Starfish	Robert	Nicolas	Tessa	Anderson	Tanya
Turtle	Diana	Cindy	Milana	Fionel	Lucia
Lobster	Daniel. M	Eric	Abraham	Daniel. L	Rexhep
Octopus	Phone	Sneeha	Orion	Waraka	Eidanas
Seahorse	Alena	David I	Jahdel	Aisha	Amina
Stingray	Trey	Armani	Ryan	Sofiia	Artjoms

Dolphin	Mattias	Aishah	Aiden	Daniel	Keiaana
Shark	Kellicia	Azaan	Niah	Saami	Larissa
Whale	Lauryn	Maria	Jasmine	Ermal	Peter