



Dear Parents & Carers,

### Teaching and Learning this month

#### April's Book of the Month

Babies	Toddlers	Pre School
Where are the yellow chicks Spot?	Three Little Pigs/ The Easter Story	Three Little Pigs

Thank you to all the parents who helped support our festivals we celebrated over the last few weeks. The children enjoyed themselves immensely.

Most of our pre school parents will have received news of which school their child has been allocated for Reception and Primary School. If your child turns 4 before the 31st August and you have not made an application, can I suggest you send an urgent email to [schooladmission@newham.gov.uk](mailto:schooladmission@newham.gov.uk) in order to work out what your next steps will be.

### Childminders

A couple of parents have asked for information on childminders in the local area. Please use the link below to locate a suitable registered childminder. This is the information we have been provided by Newham Children's services

<https://families.newham.gov.uk/kb5/newham/directory/results.page?familychannel=11-4&sr=20>

April has been busy with new starters joining us. We welcome you into our little family. We hope you will over time see your children thrive and be the best versions of themselves in the coming months.

### Photographs

**Monday 20th May** we have individual photographs of children taking place. Please ensure your child comes to school dressed ready or alternatively if they are in for breakfast, and you wish for them to be changed into different clothes, please hand them to the staff.

Any children who do not usually attend on a Monday and would like to have their photographs taken, please come between the hours of 9am and 11.30am to have your photograph taken.

Thank you.

### Show & Tell

This Summer Term, we will also be encouraging children to do a short **show and tell** of something they would like to bring in from home or an experience they have had, that they would like to share with their peers. Thank you to Nyara's parents who have brought this suggestion forward. This really helps support children's oracy, confidence and their communication and language. Each week on a Friday we will select a few children to bring in something to share about **on a Wednesday**. An email will be sent along with a recipe of the week for you to try at home with your families. This will not be available for children to play with in the Nursery.

#### May's Book of the Month

Babies	Toddlers	Pre School
It's a perfect fit vroom	The Train Ride	The Journey home from Grandpas

## May's Events

### Events this month

#### Spring Bank Holiday - 6th May

Marking the start of Spring and May, the children have been spending time planting seeds and we now have lots of pumpkins seedlings that need to be rehomed. If you have a garden plot or a garden that you would like to grow your own pumpkin, please speak to **Saidat** in the room, who will be happy to give you a seedling ready to plant into a planter or in your garden. Pumpkin plants like to climb and spread themselves along the floor or on a trellis. But with some tender loving care you can grow some great pumpkins yourselves.



May Half Term break 27th May for one week for term time and FEE2 children  
Bank Holiday closure Monday 27th May.

### Nursery Diary Dates

May	
6th	Bank Holiday NURSERY CLOSED
20th	<b>Individual Photographs</b> at Little Ellies 9am to 11.30am Children who do not attend on this day may attend between these hours to Little Ellies to have their photograph taken.
27th	Bank Holiday NURSERY CLOSED
27th - 31st	Half Term Holidays (Children on funded or term time only contracts)

## Community, Wellbeing and Support



### **BetterPoints Newham** Inspiring healthier journeys

Newham Council has partnered with BetterPoints to deliver the **BetterPoints Newham Challenge**, an app-based programme aimed at encouraging users to walk, wheel, cycle or run, in order to improve their health and wellbeing.

Once users start moving, activity is automatically recorded. Users will then start to receive **BetterPoints, which can be exchanged for shopping vouchers at local businesses, or alternatively, a charity donation.**

It is easy to sign up and take part. Simply download the app, it's completely free! If you are a resident, register with your postcode, or if you work in the borough, enter the code: newhamflyer. For more information see the attached flyer or, visit [www.newham.gov.uk/betterpointslaunch](http://www.newham.gov.uk/betterpointslaunch)



**Download  
the free app**

## Keeping Children Safe

### **NSPCC PANTS**

#### **What are the PANTS rules?**



- |  |   |
|--|---|
| Privates are private                     | + |
| Always remember your body belongs to you | + |
| No means no                              | + |
| Talk about secrets that upset you        | + |
| Speak up, someone can help               | + |

#### **When's the right time to talk PANTS?**

Every family is different, and when and where you have these conversations may depend on your child's age, or how grown up they are - it's all about whatever feels natural for you and them.

Some examples of times you can talk PANTS are:

- After school - If they've had a lesson on personal relationships or Talk PANTS at school, ask them what they remember when they get home.
- Bathtime - you could start a conversation when you're running your child's bath, or helping them get dressed.
- Car journeys - this can be a great time to talk, and your child will have plenty of time to ask questions if they need.
- Reading our new PANTS storybook together.
- Singing - Sing along to our PANTS song with Pantosaurus!
- Swimming - A great time to say that what's covered by swimwear is private.
- Walking - Walking home from school, or a weekend walk to the shops can help you both feel more at ease as you stroll and chat.
- Watching TV - If a TV show features a sensitive storyline, you can encourage them to talk about anything that upsets them.

If you have any questions, please note that you can call the setting on **0207 511 1276** and an appointment will be arranged for you to discuss any questions or concerns with the Room leaders or a member of the Management team. Thank you for taking the time to read over our newsletter. Thank you for choosing us as your daycare provider!

Kind Regards,  
Sheleena Laskar  
(Manager)