

Overview of PSHE 2024- 2025

Year group	Quarter 1 and 2	Quarter 3 and 4
Reception	1- Being in My World (Linked to British Values) 2- Celebrating Differences 3 - Healthy Me	1- New Unit How do I care for Me? 2 - Relationship 3- Changing Me (taught week to the end of Q4)
Year 1	1- Being in My World(Linked to British Values) 2- Celebrating Differences 3 - Healthy Me	1- New Unit How do I care for Me? 2 - Relationship 3- Changing Me (taught week to the end of Q4)
Year 2	1- Being in My World(Linked to British Values) 2- Celebrating Differences 3 - Healthy Me	1- New Unit How do I care for Me? 2 - Relationship 3- Changing Me (taught week to the end of Q4)
Year 3	1- Being in My World(Linked to British Values) 2- Celebrating Differences 3 - Healthy Me	1- New Unit How do I care for Me? 2 - Relationship 3- Changing Me (taught week to the end of Q4)
Year 4	1- Being in My World(Linked to British Values) 2- Celebrating Differences 3 - Healthy Me	1- New Unit How do I care for Me? 2 - Relationship 3- Changing Me (taught week to the end of Q4)
Year 5	1- Being in My World(Linked to British Values) 2- Celebrating Differences 3 - Healthy Me	1- New Unit How do I care for Me? 2 - Relationship 3- Changing Me (taught week to the end of Q4)
Year 6	1- Being in My World(Linked to British Values) 2- Celebrating Differences 3 - Healthy Me	1- New Unit How do I care for Me? 2 - Relationship 3- Changing Me (taught week to the end of Q4)