



ELLEN WILKINSON PRIMARY SCHOOL

NEWSLETTER 17 - 14th January 2026



Dear Parents & Carers,

Residential Outdoor Education visit: Last Friday afternoon, we welcomed back all 54 of our year 5 & 6 pupils and 5 staff, who attended Fair Play House in Wickham Bishops Witham, about one hour's drive from our school. Everyone had a memorable experience which focused on land and water activities, some of which were going on high ropes, canoeing, zip wire, where children were encouraged to push their limits.

Weather: Thank you for ensuring your child comes to school in appropriate warm clothing (warm coat, gloves, hat and closed footwear) as the cold spell continues with rain and sunshine. Please stay safe out there!

Volunteering at EWPS: We are looking for enthusiastic parents and carers to join our school community as volunteers for the rest of the 2025/2026 academic year. Whether you can spare an hour a week to listen to readers, assist with classroom activities, or help out during sporting events, your support makes a world of difference to our pupils' learning journey. No prior experience is necessary - just a positive attitude and a desire to help our children thrive.

If you are interested in getting involved, please complete our Volunteer Interest Form linked below.

<https://forms.gle/EPESFR71Z1U2Zkxp7>

Reminder homework: All children are given homework online and/or in an exercise book to complete at home. These must both be returned to the class teacher by Wednesday. Please check with your children and encourage them to complete their spellings, reading and phonics. If you have any concerns please do not hesitate to reach out to your child's classteacher.

Kind regards,

Mrs. Owen-Amadasun
Headteacher

General Information

Spring Term After School clubs

Spring term after-school clubs started this week. Please see below a reminder of the collection points.

There is still availability in some of our clubs. If you are interested in your child attending a club this term, please do speak to the school office or Ms Baker.

Monday

Multi-Sports Yrs 1 - 3	Hall
Chess	Hall

Tuesday

Multi-Sports Yrs 4 - 6	Hall
Origami	Dolphin Class
Homework/Online Learning	Stingray Class

Wednesday

Phonics T Party Yr 1 & 2	Guppy 2
Football Yrs 1-3	Hall
Art	Whale Class

Thursday

Football Yrs 4-6	Hall
Maths Yrs 5 & 6	Dolphin Class
Dance	Hall

Friday

Dodgeball	Hall
Gymnastics	Hall

Parent workshops

Tuesday's @ 2pm at Ellen Wilkinson Primary School
Delivered by the Wellbeing In Newham Schools Team (WINS)

13/01/2026 - Challenging Behaviour



Challenging behaviour is something that can be difficult to manage. In this workshop we will look at understanding what children might be trying to say when they are showing challenging behaviour. We will think about how you can break down their behaviour and understand this better using an ABC chart. We will look at how you can promote positive behaviour and reduce negative behaviour through a range of techniques such as praise, withdrawing attention, giving clear instructions etc.



27/01/2026 - Child Anxiety

In this workshop, we will have a look at understanding what anxiety is as well as looking at what stops children from breaking out of this cycle. We will explain how you can help your child to manage their worries, along with encouraging your child to promote their independence and confidence so they are able to flourish. You will also learn some techniques your child can do in the moment of their anxiety to make them feel better.

10/02/2026 - Sleep



Sleep is important for children's development. This workshop will look at what happens if children do not get enough sleep, how to improve sleep and develop a bedtime routine. You will also learn how to help children to create a sleep hygiene which consists of good habits for effective sleep.



NHS
East London
NHS Foundation Trust

The Potty Training Guide



Potty training is an important milestone in every child's life.

Attached to this week's newsletter, you will find 'The Potty Training Guide', which provides parents and carers with lots of advice and practical tips on potty training, as well as how and when to get started.

Every child develops at their own pace, however as the guide highlights, research shows that it is best for children's bowel and bladder health to stop using nappies between the ages of 18-30 months.

There are additional resources available on The Potty Training Guide's website (link below), including specific guidance for families with children who have additional needs.

<https://startingreception.co.uk/potty-training/useful-links/>

Please note that Monday 26th January is an INSET day and therefore school will be closed to all pupils.

Important Dates

JANUARY				
Date	Time(s)	Year	Details	Parent Event?
Thurs 15th	11:59am	N	Reception Application deadline	NO
Thurs 15th	2.45 pm	3T	Year 3 Turtle Sharing Assembly	YES
Thurs 22nd	2.45 pm	3L	Year 3 Lobster Sharing Assembly	YES
27th - 31st	All week	All	Assessment Week	NO
Mon 26th	All day	All	INSET DAY – <u>SCHOOL CLOSED TO PUPILS</u>	NO
Weds 28th	9.15am -10.15am - NAM & Rec 2.15-3.15pm - NPM	N&R	EYFS Stay & Play	YES
FEBRUARY				
2nd-6th	All week	All	Be Bright, Be Seen & Brighten Your Bag	NO
Weds 4th	All day	All	Safer Internet Day	NO
Thurs 5th	2.45 pm	2J	Year 2 Jellyfish Sharing Assembly	YES
Fri 6th	Morning	1-6	Q2 Learning Fair	NO
9th - 13th	All week	All	Cycle Reward Card Scheme	NO
9th - 15th	All week	All	Children's Mental Health week	NO
Thurs 12th	3.30 – 7 p.m.	All	Parents Evening	YES
16th – 20th	HALF TERM			
Thurs 26th	2.45 pm	2S	Year 2 Starfish Sharing Assembly	YES

Launch of National Storytelling Week

Saturday 31st January from 11m to 5pm
at Stratford Library



Join Newham Libraries for an exciting kickoff to National Storytelling Week with the incredible Michael Rosen.

Get ready for an engaging experience with one of Britain's most beloved writers for both children and adults and a wide range of exciting activities and sessions for all!

Scan the QR to book your free ticket.



WE ARE NEWHAM.

Celebration Assembly

House Winners (9th January 2026)



Every child is in one of our five houses.
They can earn points for their house by showing our 5 school values and by supporting other children in the school.



Each week, the House with the most points becomes House of the Week and they have a star added to their chart in the hall.

The House with the most stars at the end of the year gets an afternoon at the park with ice lollies too!

The House winners last week were:

Yellow House - Marcus Rashford

Stars of the week

	Katherine Johnson	Malala Yousafzai	Michael Rosen	Ade Adepitan	Marcus Rashford
	Inspire	Respect	Successful	Resilient	Heard & Cared For
Guppy 1	Angel	Hudson	Victoria	Makai	Enej
Guppy 2	Arifeen	Tasnim	Kremena	Amalia	Yusuf
Lionfish	Mark	Nuh	Liyana	Danielius	Akaya
Clownfish	Sael	Tamjeed	Liyana	Elizabeth	Dominic
Jellyfish	Amelia	Tomasz	Andrea V	Bailey	Anastasia
Starfish	Raima	Khalid	Hanna	Yehor	Jokubas
Turtle	Eric	Zara	Anastasiia	Bartholomew	Safa
Lobster	Ryan	Otilia	Marnie	Ilinca	D'or
Octopus	Alex	Darius	James	Aisha	Zakariyya
Seahorse	Musa	Kulsumah	Zaki	Ayana	Natan
Stingray	Reece	Nefeli	Nael	Saarah	Khalid
Dolphin	Chaslyn	Alisha	Yanis	Sakibur	Mia
Shark	Albie	Abraham	Hasan	Joel	Zain
Whale	Blake	Jayden	Yahya	Markas	Blake

Work of the week

Year	Child	Context of work
Rec	Tajus	Completing his writing quickly and neatly.
1	Zaara	For her excellent recall of prior learning in Geography.
2	Idris	For completing his maths work independently in 2 lessons this week!
3	Safia	For working really hard in maths and being able to solve problems by counting on in multiples of 2, 4 and 8.
4	Ismaeel	For his beautiful presentation in his Maths book.
5	Oliver	For making predictions about water resistance using his knowledge of forces.

Certificates

Certificate	Class	Who?
TTRS Headliner (Under 4 seconds)	Lobster	Kayla
TTRS Rock Stars (Under 3 seconds)	Turtle	Louisa
TTRS Rock Legends (Under 2 seconds)	Turtle	Safa
TTRS Rock Hero (Under 1 second)	Lobster	Keyaan
Lexia	Turtle Octopus Stingray	Sophie - Level 8 Noah - Level 8 Iqra - Level 10

Community, Wellbeing and Support

London Youth Games Newham Cricket Team Trials

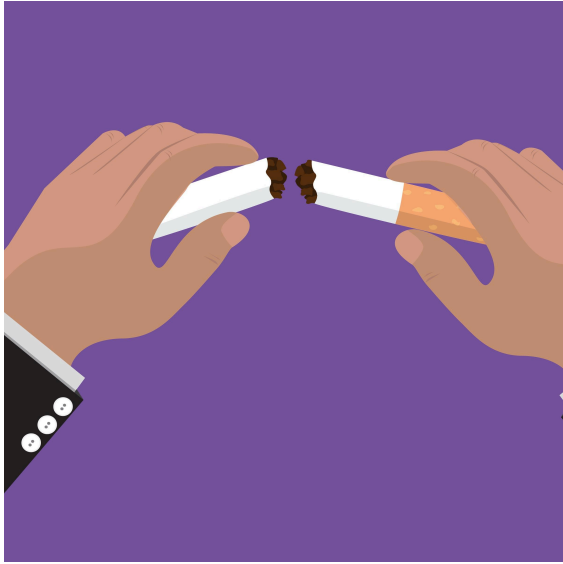
Attend a trial for Team Newham's London Youth Games Cricket team

When: 20th and 27th January from 5.30 - 7.30pm!

Where: Newham Leisure Centre, 281 Prince Regent Lane, London E13 8SD

To represent Newham at the London Youth Games children must either live in Newham or attend a Newham school. The London Youth Games Cricket is Year 8 and under for boys and Year 10 and under for girls.

To book a space in the trial please email mahbubul.alam@gll.org



Make 2026 the year you really give up smoking

Every January is the same, you promise that this will be the year you finally quit smoking. But now's the time to make it happen, and team Quit Well Newham is on your side. Giving up is no easy task, but you already know that.

And chances are you know too, the benefits such as:

- Saving money
- Improving health
- Making the environment for the children and others around you better

Quit Well Newham offers free expert advice.

Also, by quitting smoking for at least 28 days, you are five times more likely to remain smoke-free.

Find more information about the FREE Stop Smoking support available >



Want to win a day pass at one of Newham's Better Leisure Centres?

You can win a free adult day pass, worth £17, for any of our three Better leisure centres in Newham with BetterPoints.

All you have to do is download the BetterPoints app and walk, wheel, cycle, or run over half a mile to earn a BetterTicket.

Each ticket goes into a daily prize draw that takes place throughout this month.

The access all areas pass will allow you to try out the pool, gym, and classes on offer during the day at Atherton Leisure Centre, East Ham Leisure Centre, and Newham Leisure Centre.

Feel the benefits of getting your body moving.

Download the BetterPoints app >



Our Newham: Empowering residents and businesses with confidential advice and support

Our Newham is the council's service exclusively for Newham residents supporting you across five programmes: Money, Work, Business & Enterprise, Learning & Skills and Youth.

From helping residents maximise their income and kickstarting career journeys to supporting local businesses and start-ups, find out how Our Newham can help give you the boost you need at: www.newham.gov.uk/ournewham or **come and visit us at 112-118 The Grove, E15 1NS**