

NEWHAM PARENT FORUM

Newham Parent Forum is part of the National Network of Parent Carer Forums.

The national network has 151 forums and a national membership totaling over 88,000:

they contribute to local, regional and national consultations.

Useful Resources

- Disability Living Allowance (DLA) is a benefit for children under 16 in England, Wales, and Northern Ireland who have a disability or health condition and require more care or have difficulty with mobility.
- The Carer's Allowance is a benefit provided in the UK (and similar schemes exist in other countries) to people who spend a significant amount of time caring for someone with substantial care needs. Here's a summary based on the UK's Carer's Allowance (as of 2025, subject to change).
- Under Universal Credit (UC), the disability element is a payment called the Limited Capability for Work and Work-Related Activity (LCWRA) element, which provides extra monthly support for people whose health condition or disability significantly limits their ability to work or prepare for work.
- Family Fund provides grants to low-income families raising children or young people (up to age 24) with disabilities or serious illnesses. The grants help with essential items such as clothing, beds, kitchen appliances, sensory toys, and technology. It is not a loan, so the money doesn't need to be repaid. Families can usually apply once a year, and applications can be made online at the Family Fund website. The aim is to make life easier and improve the wellbeing of children and their families.
- Family Fund
<https://www.familyfund.org.uk/>
- Turn2us is a UK charity that helps people in financial hardship by providing access to welfare benefits, charitable grants, and support services. Through their website, people can use tools like a Benefits Calculator to check what they're entitled to, and a Grants Search to find financial help from other charities. Turn2us aims to ensure that no one struggles alone with poverty, offering practical support and guidance to improve financial stability.
<https://www.turn2us.org.uk/>
- Contact
Helpline
Our helpline is for parents and carers in any part of the UK with a disabled child aged from birth to 25.
Submit an online enquiry.
Freephone: 0808 808 3555
(Monday-Friday, 9.30am-5pm).

- IPSEA
All children and young people with special educational needs and disabilities (SEND) have a legal right to an education that meets their individual needs. But many tens of thousands of children and young people with SEND are not getting the support they are legally entitled to. At IPSEA, we are here to change that. We are the leading charity in the field of SEND law in England, and we provide free independent legal advice and support to families of children and young people with SEND. We also provide training on the SEND legal framework, and we influence policy at both a local and national level.
Contact us:
Email: office@ipsea.org.uk
Telephone: 01799 582030
- PIP:
PIP (Personal Independence Payment) is a UK benefit for people aged 16 to State Pension age who have a long-term illness, disability, or mental health condition that affects their ability to carry out daily tasks or move around. It's not means-tested, so it doesn't depend on income or savings. PIP is made up of two parts - daily living and mobility - and you may get one or both depending on how your condition affects you.
- MENCAP- <https://www.mencap.org.uk/community-led-support-families>
They help with filling out forms and they have a training academy for parents
- Caudwell Children (sensory needs therapy)
<https://www.caudwellchildren.com>
 - Helping Autistic Children | Parent Workshops | Apply for Support
We provide thousands of families with practical and emotional support across the UK.
- Sendiass-Special Educational Needs and Disability Information Advice and support Service, SENDIASS Newham-**0203 373 0707** or email sendiass@newham.gov.uk
- Space for me
<https://eequ.org/book/space4me-inclusive-activity-hub-with-space4me-12531>
- Check with your GPS or on their website for a social prescriber.



- <https://www.england.nhs.uk/personalisedcare/social-prescribing/>