



Dear Parents & Carers,

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It has been an exceptionally warm June and we are grateful for your support and patience as we continue to care for and support the development of your child through this.

Please be rest assured we have an extreme weather risk assessment in place and we continually monitor the temperature in the rooms. Both classrooms have air conditioning units to help us keep cool and regulate the internal temperature.

Some advice that came from the Local Authority has been shared on our doors and display boards.

Some Key Actions we have considered are:

1. Keep children and staff cool and hydrated

- Provide and actively encourage regular drinking of water throughout the day
- Watch for signs of dehydration, tiredness or discomfort

2. Adapt the day where needed

- Avoid or reduce strenuous physical activity, particularly during the hottest part of the day
- Consider integrating more water play/ice exploration
- Create shaded/cooler areas/zones

3. Manage indoor temperatures

- Windows should be opened as early as possible in the morning before children arrive, or preferably overnight to allow stored heat to escape from the building
- If possible and safe to do so without compromising safety or security, open doors as well as windows to encourage cross ventilation across areas of the setting.
- Windows should be closed when the outdoor air becomes warmer than the air indoors – this should help keep the heat out while allowing adequate ventilation. Indoor blinds or curtains can be closed where possible but should not block ventilation, CO2 monitors can be used to keep a check on ventilation.
- Electric lighting should be kept to a minimum, and equipment should not be left in 'standby mode', as this generates heat. Mechanical fans can be used to increase air movement if temperatures are below 35°C – at temperatures above 35°C fans may not prevent heat-related illness and could worsen dehydration.
- Ensure you are able to meet the safe sleeping 'temperature' requirements by risk assessing the area for sleeping, well before sleeping commences and then during. Carry out more frequent checks and make adaptations as necessary



Sports Day was a fantastic day and a great success; children really enjoyed themselves and were so happy to see their parents watch and cheer them on. Thank you for taking time out to be part of our Sports day. Fathers day Picnic in the park was also well attended and it was amazing to see the children so happy.

Our Summer Fun day is next Wednesday 8th July from 2pm-4pm. We look forward to seeing you then.



Our Preschoolers Graduation is being held next week Tuesday 7th July for all children graduating at 4pm. This is an invitation only event and we look forward to seeing the families of graduating children. **We apologise for the date change, but as the weather is too warm to have large events, we have had to postpone and reschedule many summer events. The graduation being one of them.**



We have our advisory lead from Newham visiting us next week on Thursday 9th July at 10am. If you are a round and would like to talk to Mrs Whytock to give your views about the Nursery we will be happy for your contribution.

As the year closes we will be doing lots of reflecting and looking to put targets in place for the next academic year. We hope to continue our good practice in Maths as we have successfully completed our Maths Champion national project helmed by the lovely Tamzin. This gave us the ability to really refine and evaluate the way we offer Maths in the setting by improving practitioners' confidence and knowledge of maths and supporting children to make three months additional progress in maths. Communication, language and back and forth conversations continue to be another area of focus as we help our children become confident independent learners.

July's Book of the Month

Babies	Toddlers	Pre School
Dear Zoo	Elmer/Dear Zoo	Rumble in the Jungle

Community, Wellbeing and Support

New Family Hub Activity Timetables

The latest Family Hub activity timetables for July to September are now available.

Please note, Activity Timetables for Best Start Family Hub - Shipman and Best Start Network

Site - East Ham Library will be published soon.

From stay and play sessions and parenting programmes to SEND activities and support groups, there are lots of opportunities for families to connect, learn and have fun.

Find activities taking place at Family Hubs and Children's Centres across Newham:

<https://families.newham.gov.uk/kb5/newham/directory/familyhub.page?familyhubchannel=5>

Newham Summer Fun



<https://www.newham.gov.uk/children-families/activities-young-people-newham/8>

Nursery Diary Dates

July 2026	
7th	PreSchoolers Graduation (4pm -5pm Parent Event - By Invitation)
8th	Summer Fun Day (2pm -4pm Parent Event)
17th	Last day (term time/FEE only Children)
20th July - 1st September	Summer Holidays (Children on funded or term time only contracts)
August 2026	
21st July - 1st September - Summer Holidays (Children on funded or term time only contracts)	
31st	Bank Holiday NURSERY CLOSED
September 2026	
1st	CLOSEDOWN DAY (1) - <u>Nursery closed to all children.</u>
2nd	Start day for all existing children
3rd	Start day for all new children

Kind Regards,
Sheleena Laskar
(Manager)