



ELLEN WILKINSON

Primary School

EWPS Newsletter 4 - 30th September 2026

Dear parents and carers,

Spotlight on our House captains, Ambassadors and Wellbeing Ambassadors:

I am incredibly proud of our 10 newly appointed House Captains, 20 Ambassadors and 5 Wellbeing Ambassadors who are all already demonstrating fantastic leadership across the school. These student leaders play a vital role in our weekly celebration assemblies by helping to announce and celebrate our wonderful 'Stars of the Week' and outstanding 'Work of the Week.' Out in the playground, they act as brilliant role models, actively supporting their peers to ensure everyone is playing happily and safely together. By taking on these important responsibilities, our student leaders are not only serving our school community but also developing the essential leadership skills they will carry with them for life.

House captains				
Katherine Johnson	Malalah Yousafzai	Michael Rosen	Ade Adepitan	Marcus Rashford
Harry & Shannon	Meta & Ridwan	Reece & Nefeli	Reggie & Austeja	Genesis & Emily
Ambassadors				Wellbeing Ambassadors
Group 1	Group 2	Group 3	Group 4	Sarah Chaslyn Liliana Emilis Spencer
Mia Frankie Victoria Harris Ayden	Tope Eloria Sophia Aysha Aida	Avaya Ola Robert Brittany Tanya	Darius Safeerah Alisha Sofia Deborah	

Four of our Ambassadors recently took five visiting leaders of Education, from Rotterdam, on a tour of our school. Our guests were full of admiration for the confidence and pride the children had for their school EWPS.

It was good to see so many parents attending the 'AI & E safety at home' parent session yesterday, with our computing lead Mrs Carnerio and our IT manager. We are confident that you will be using the information shared to keep your children safe online at home.

It will be 'Cycle to school' week, all week, starting from 5th October 2026. Mr O'Dowd our sustainability lead will be on hand to encourage all children who cycle to school.

Take care and stay safe
Mrs Owen-Amadasun
Headteacher





ELLEN WILKINSON

Primary School

General Information



This week, the children will be learning about the **Harvest Festival** during their key stage assemblies, as well as two harvest songs, which will be performed in our Harvest assembly, on Friday.

This year's harvest festival falls on Monday 5th October - a celebration which marks the successful gathering of the year's crops and which highlights the value of sharing and supporting those in need.

Food donations

As part of the Harvest festival, as with previous years, we will be collecting donations of non-perishable food items, which will then be donated to a local food bank, who will distribute the food items to those in need.

- **From tomorrow (1st October), there will be a collection box in the playground each morning and afternoon for children and parents to drop off donations.**
- **All tinned, packet and dry goods are accepted.**
- **Please make sure items are in date and unopened.**
- **All items need to be sent in by 9am Friday 9th October.**



As always if you have any questions, please speak to your child's class teacher.

Riding a bike to school?

If you have a problem with your bike, from tomorrow, staff, led by Mr O'Dowd will check your bike for you to ensure it's in top condition to get you to and from school safely.

We can check tyre pressures and repair punctures, check seat and handlebar heights, and perform minor brake adjustments.

If your bike has a more serious problem, we can refer you to Free Dr Bike sessions being held once a month in the borough.

Bring your bike to Mrs Ferguson's shop on Thursday after school and we will check it for you!



Mr O'Dowd

UP & OUT WEEK IS BACK! Could YOU inspire our pupils?

Following the success of last year's Up & Out Week, we are excited to announce that it will be returning during the week beginning 19th October 2026!

Last year, our children had the fantastic opportunity to meet people from a huge range of careers and organisations – from police officers, lawyers and bank managers to musicians, dance and theatre companies, martial arts instructors, charity workers, local MPs and many more!

This year, we want to make it even bigger – and we need our EWPS families to help!

We want our children to discover just how many different opportunities are out there and to see that their future can take them anywhere.



Interested in getting involved? Please complete the form using the link below We'll be in touch if we have a suitable space for you within this year's Up & Out Week!

<https://forms.gle/1mBiDioXXupELxxD9>



ELLEN WILKINSON

Primary School

Learning

Homework Tips



- Do find a quiet place at home to use as a homework area and have the right equipment ready.
- Plan a homework timetable and agree on when your child will do their homework.
- Do allow your child to have something nutritional to eat before starting on homework.
- Do discuss any homework tasks with your child.
- Limit digital distractions, unless devices are needed for research or typing.
- **Be supportive, but let them lead** - don't give your child the answer in order to get a task finished. Instead, explain how to look up information or find a word in a dictionary.

Remember to:

- Break big tasks up into smaller steps — a large project can feel overwhelming, but listing steps makes it manageable.
- Use timers or visual aids — tools like sand timers or clocks can help children understand how long tasks should take.
- Gradually build independence — as your child grows, encourage them to take ownership of their homework routine.



And celebrate effort - not just success!

Celebration Assembly

House Winners (24th September 2026)



Every child is in one of our five houses. They can earn points for their house by showing our 5 school values and by supporting other children in the school.

Each week, the House with the most points becomes House of the Week and they have a star added to their chart in the hall.

The House with the most stars at the end of the year gets an afternoon at the park with ice lollies too!

The House winners last week were:
Blue House - Michael Rosen!



ELLEN WILKINSON

Primary School

Work of the week

Year	Child	Context of work
1	Kremena	For excellent sketching skills in Art.
2	Cristi	For writing a fantastic story opening with full punctuation.
3	Andrea V	For doing a fantastic job on her reading homework—it was neat, detailed, and showed great effort!
4	Zara V	Writing an excellent explanation text on how planes fly!
5	Nyla	For an excellent retelling of a known narrative using paragraph and fronted adverbials.
6	Genesis	For her wonderful presentation and explanation of how the heart works in science.

Stars of the Week

	Katherine Johnson	Malalah Yousafzai	Michael Rosen	Ade Adepitan	Marcus Rashford
	Inspire	Respect	Successful	Resilient	Heard & Cared For
1L	Idris- for following instructions straight away.	Adriana- for always showing respect to others on the carpet.	Moutaseen- for his excellent work in Phonics.	King- for trying really hard in all his lessons.	Tasnim- for going above and beyond in helping her peers.
1C	Hudson- for his excellent efforts in Phonics.	Aleigha-Rae- for showing respect to others.	Kaysa- for practising her letter formation.	Elizabeth- for decoding and blending words in Phonics.	Brian- for looking out for his peers.
2J	Serai- for her fantastic effort and attention to detail in her homework.	Sael- for showing kindness and respect to everyone around him.	Cristi- for writing an amazingly descriptive narrative in English.	Konstantin- for trying hard Maths and keeping going even when things are challenging.	Adita- for helping keep the classroom tidy and helping collect resources.
2S	Liyana- for being such a fantastic role model at all times during lessons and in the playground.	Manha- for following school and class rules at all times.	Marcus- for his outstanding work in maths and contributions to class discussions.	Jayden- for working so hard during writing and completing a beautiful story.	Taiyaba- for being such a good table partner and making sure everyone is on task.



ELLEN WILKINSON

Primary School

3T	Eli- for taking his role as star of the day very seriously.	Amelia- for always trying her best and following the rules.	Jemimah- for successfully using a range of emotion adjectives in English.	Sara- for trying her best to add 10s and 1s to two and three digit numbers.	Alexandra- for always being helpful and keeping the class tidy.
3L	Jokubus- for working really hard on all of his work this week.	Raima- for focusing on her work and managing distractions well around her.	Dragos- for consistently working hard to complete all of his work in maths.	Mario- for trying again even when he has found something difficult.	Diana- for being kind and helping others complete their work in class.
4O	Yousuf- for sharing lots of interesting facts in English.	Safeeya- for always making good choices and showing excellent manners.	Zahra M- for contributing so well in writing an explanation text in English.	Ilinca- for trying so hard to tackle challenging problems this week.	Otilia- for sharing lots of ideas and being so kind this week.
4S	Hayley- for inspirational learning in Geography.	Safa- for always showing respect to her classmates.	Adam- for sorting animals into categories based on their characteristics.	Sophia - for trying hard at her maths.	Layla-Mae for helping others on her table during lessons.
5S	Princess- for always engine in lessons.	Aariz- for showing respect at all times.	Alicia- for successfully retelling a known narrative.	Kaima- for putting 100% effort into Maths.	Ibraheem- for always sharing ideas and being kind to everyone.
5D	Elsie- for always trying her best and managing distractions well around her.	Isabella- for showing respect and kindness to others.	Laurynas- for his excellent work in Maths.	Angel- for trying really hard in all lessons and managing distractions around her.	Mahdiya- for always being kind and helping others.
6S	Adomas- for sharing his great knowledge of the heart in Science.	Evelina- for showing respect to everyone in the playground.	Sonny- for confidently applying his grammar knowledge to his work.	Philip- for trying his hardest in Maths and not giving up.	Shannon- for being a kind and caring friend who always listens to others.
6W	Alisha- for inspiring others to	Sofia- for her character and	Inaaya- for settling into school life seamlessly.	Anderson- for working hard to	Rida- for supporting her table partner.



ELLEN WILKINSON

Primary School

	make the right choices.	conduct in and out of class.		understand his maths work.	
Certificates					
Certificate	Class	Who?			
TTRS Wannabe (Over 10 seconds)	Jellyfish	Amira & Aima			
TTRS Gigger (Under 8 seconds)	Seahorse	Anna			
TTRS Support Act (Under 5 seconds)	Turtle	Marcu			
TTRS Headliner (Under 4 seconds)	Seahorse	Daniel			
TTRS Rock Legends (Under 2 seconds)	Turtle	Anastasia			

Community, Wellbeing and Support

Free Saturday football for children in Years 4, 5 and 6 at any Newham primary school.



WHEN: Saturdays, 8.30 - 10am

WHERE: Rokeby School, Barking Road, London E16 4DD

TERM: 13 Saturdays, 5 September to 12 December. No sessions on 24 or 31 October, or in the Christmas holidays.

PLACES: 40

WHAT HAPPENS

Young people playing football, with qualified, DBS-checked staff leading and facilitating. There is no coaching - this is an opportunity to be active, play, and enjoy the weekend.

WHAT TO BRING

Sessions are on astroturf. Astroturf trainers or firm ground boots - no long studs. Shinpads are mandatory. Bring a refillable water bottle, wear clothing suitable for all weather, and ideally bring a change of clothes in case of bad weather.

FUNDING

Delivered by Newham Sports Club and fully funded by Rokeby School, as part of the school's commitment to supporting young people in and out of school.

TO BOOK YOUR PLACE, PLEASE CLICK THE LINK BELOW

<https://eequ.org/book/saturday-football-years-4-5-and-6-with-newham-sports-club-34671>



ELLEN WILKINSON

Primary School



Home energy savings – information for parents and carers

Newham residents can use a new online tool to check potential savings from home energy improvements, including estimated upgrade costs, energy bill savings and available grants. Schools may wish to share this information in their parent/carer newsletters.

[Calculate your home's energy-saving potential – Energy and sustainability – Newham Council >](#)



Stay active and keep consistent during the colder months

It can feel difficult to stay motivated and maintain healthy habits, particularly when it's cold and wet. However, you can stay on track by using the BetterPoints app, which tracks users' movements. The more you move, the more you'll be rewarded as any BetterPoints accrued can be spent at participating businesses across Newham, exchanged for high street vouchers, or donated to charity.

Saif lost 4kg since March this year by using Better Points. He said: "Turning on BetterPoints tracking before stepping out the door has now become a family ritual. For me, it's about being consistent, staying motivated and making more active choices as part of everyday life."

[Download the BetterPoints app and earn rewards >](#)