



# ELLEN WILKINSON

## Primary School

### EWPS Newsletter 5 - 7th October 2026

Dear parents and carers,

#### Spotlight on our Reading Champions and Eco Guardians:

We are proud to introduce our Reading Champions, a dedicated group of children from Years 4 and 5 chosen to lead our reading community. These enthusiastic students have taken on the vital responsibility of supporting the day-to-day running and organisation of our school library. From helping peers discover their next favourite book to keeping our shelves beautifully organised, they are essential to creating a welcoming space for everyone. Please join us in celebrating their leadership and passion for literacy as they help foster a love of reading across the whole school!

We are equally proud to introduce our Eco-Guardians who represent our students as the school advances to a greener, more efficient future. They help out in improving our recycling, encouraging more sustainable travel, and a more pleasant and nature-filled playground. Their work is important as it raises the profile of the green issues which all of our students will encounter in their lives.

| Reading Champions |                  | Eco Guardians    |             |
|-------------------|------------------|------------------|-------------|
| Rueben 5S         | Sehajnad 5D      | James 1C         | Elsie 4O    |
| Kaima 5S          | Elsie 5D         | Matteo 1C        | Nyla 4O     |
| Kulsumah 5S       | Muhammad Adam 4O | Dylan 1L         | Paula 4S    |
| Michaela 5S       | Eric 4O          | Lavinia 1L       | Layla 4S    |
| Yousuf 5D         | Zoe 4O           | Alexandra 2J     | Areeb 5D    |
| Jervanni 5D       | Elia 4O          | Ayyan Hussain 2S | Robert A 5S |
| Aisha 5D          | Louisa 4O        | Keyaan 3L        | Musa H 5S   |
| Mahdiya 5D        | Ziyarah 4O       | Louisa 3T        |             |
| Dania 5D          | Matondo 4O       | Rada 3T          |             |
| Masheedat 5D      | Hayley 4O        |                  |             |

**Cycle to school week:** Well done to everyone who has made such a great effort to cycle to school this week. It has been very refreshing to see all the bicycles and scooters parked in the sheds in the playground. Let's keep this going always, Mr O'Dowd will have more projects for us as we are mindful of being a sustainable school.

#### Fair Play House (FPH) residential visit.

It was good to speak with 30 parents online and in person as part of the preparation for the Y5 & Y6 residential visit to FPH. 53 children will go to FPH 4th - 6th November, with 5 members of staff also attending.

We look forward to meeting all of you during Parents' Evening on **Thursday 15th October 2026**. Please see below for details.

Take care and stay safe.  
Mrs Owen-Amadasun  
Headteacher



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### General Information

#### **Parents' Evening is planned for Thursday 15th October 2026.**

Appointment booking will go live on Parentmail tomorrow, Thursday 8th October 2026 - at 7.00pm - for all Reception to Year 6 pupils.

- All appointments will be bookable on a first come first served basis.
- All bookings are for in-person meetings.
- Parents are to enter the site via the Main School Office, 5 mins before their scheduled appointment.
- Any parent who cannot book an appointment (or if there are no suitable appointments left) should contact the class teacher to arrange a mutually convenient alternate time/date.



**Please note: Octopus class (Year 4)** will have fewer appointments available on Thursday 15th October so will be able to book one of the appointments on Tuesday 13th October as well. This is due to reduced class teacher availability on the whole school date (15/10/26).

As always, if you have any questions, please speak to your child's teacher or email the office at: [info@ellenwilkinson.newham.sch.uk](mailto:info@ellenwilkinson.newham.sch.uk)

Last week, the children learnt about the **Harvest Festival** during their key stage assemblies. We then had a whole school harvest assembly on Friday, with a guest speaker from the East Ham parish, who explained the importance of the festival. The children also had the opportunity to perform their harvest songs.

As part of the Harvest festival, we have been collecting donations of non-perishable food items which will be donated to those in need in the borough.

Thank you so much to all of the families who have donated items so far. We will be continuing to accept donations until 9am on Friday 9th October.



- **All tinned, packet and dry goods are accepted.**
- **Please make sure items are in date and unopened.**



This week, thousands of children across the country are swapping the school run for a cycle. **From playgrounds and school gates to families cycling together on their morning journeys, Cycle to School Week 2026 is officially underway and it is not too late for you and your children to get involved!**

**This week is a chance to celebrate what cycling can give children: more active journeys,**



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greater confidence and independence, and the chance to start the school day feeling good.



## **Get a free cycle health check with Decathlon**

Decathlon stores across the UK are official Cycle to School Week Pit Stops, offering free cycle health checks from 1-9 October.

It's a great opportunity to give your child's cycle a quick check before heading out on the school run.

**[Decathlon Store Locator](#) | [Find a Shop Near You](#)**

## **Riding a bike to school?**

If you have a problem with your bike, each Thursday, staff, led by Mr O'Dowd will check your bike for you to ensure it's in top condition to get you to and from school safely.

We can check tyre pressures and repair punctures, check seat and handlebar heights, and perform minor brake adjustments.

If your bike has a more serious problem, we can refer you to Free Dr Bike sessions being held once a month in the borough.

**Bring your bike to Mrs Ferguson's shop on Thursday after school and we will check it for you!**

**Mr O'Dowd**



## **UP & OUT WEEK IS BACK! Could YOU inspire our pupils?**

Following the success of last year's Up & Out Week, we are excited to announce that it will be returning during the week beginning 19th October 2026!

Last year, our children had the fantastic opportunity to meet people from a huge range of careers and organisations – from police officers, lawyers and bank managers to musicians, dance and theatre companies, martial arts instructors, charity workers, local MPs and many more!

This year, we want to make it even bigger – and we need our EWPS families to help! We want our children to discover just how many different opportunities are out there and to see that their future can take them anywhere.



**Interested in getting involved? Please complete the form using the link below We'll be in touch if we have a suitable space for you within this year's Up & Out Week!**

**<https://forms.gle/1mBiDioXXupELxxD9>**

## **Celebration Assembly**

**House Winners (2nd October 2026)**



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Every child is in one of our five houses. They can earn points for their house by showing our 5 school values and by supporting other children in the school.

Each week, the House with the most points becomes House of the Week and they have a star added to their chart in the hall. The House with the most stars at the end of the year gets an afternoon at the park with ice lollies too!

**The House winners last week were:**

**Michael Rosen** and **Malalah Yousafzai**

### Special Mentions

| Who         | Reason                                                                                                                   |
|-------------|--------------------------------------------------------------------------------------------------------------------------|
| Iqra Year 6 | For showing that she is an amazing member of the Wellbeing Team, by caring for younger children at lunchtime. Well done! |

### Work of the week

| Year | Child    | Context of work                                                                  |
|------|----------|----------------------------------------------------------------------------------|
| 1    | Aria     | For creating and solving her own subtraction number sentences in maths           |
| 2    | Lucas    | For writing a beautiful story using fantastic descriptions.                      |
| 3    | Aairah   | Writing an emotive and interesting dilemma story in English.                     |
| 4    | Arianna  | For creating a wonderful unique clay pot in Art!                                 |
| 5    | Nyla     | Writing a very interesting piece to finish her Lost Thing story.                 |
| 6    | Brittany | For showing great creativity and attention to detail when creating a Benin mask. |

### Stars of the Week



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| ★  | Katherine Johnson                                                   | Malalah Yousafzai                                             | Michael Rosen                                                   | Ade Adepitan                                                         | Marcus Rashford                                            |
|----|---------------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------------------|
|    | Inspire                                                             | Respect                                                       | Successful                                                      | Resilient                                                            | Heard & Cared For                                          |
| 1L | Charles- for independent work in Maths.                             | Ridah- for always showing her adults good manners.            | Eliza- for excellent Maths work this week.                      | Yusuf- for trying really hard in Phonics.                            | Kylah- for always handing books out to peers sensibly.     |
| 1C | Aria- for confidently settling into our class.                      | Adil- for always showing his best manners.                    | Makai- for writing on his own in English lessons.               | Alexei- for applying his ideas and phonics sounds in his writing.    | Anna- for helping others on her table.                     |
| 2J | Laith- for finding confidence to answer tricky questions.           | James- for showing good manners at all times.                 | Elizabeth- for working exceptionally hard in Maths.             | Patricia- for keeping going even when learning feels tricky.         | Dominic- for listening and caring for his classmates.      |
| 2S | Aaliyah- for her progress in writing her letters and numbers.       | Muneer- for always having wonderful manners in the classroom. | Adas- for this outstanding maths work all week.                 | Leon- for using his sounds so well in his letter writing in English. | Lavinia- for being a supportive table partner.             |
| 3T | Bailey- for drawing a great picture of a dream school.              | Ayaan- for showing respect to others.                         | Andrea.S- for sharing great ideas.                              | Joniah- for trying hard to solve subtraction calculations.           | Ayaat- for always showing good listening skills.           |
| 3L | James- for taking his time to write his own story after publishing. | Victoria- for settling in really well in her new classroom.   | Sonya-Maria- for completing all of her work in lessons.         | Bleu- for looking again at his work and trying to improve it.        | Mayla- for always being kind to everyone in the classroom. |
| 4O | Jowain- for completing his work in maths so well!                   | Ilinca- for being so helpful and proactive in class.          | Keyaan- for writing excellent expanded noun phrases in English. | Emma- for making sure to ask for help when she needs it!             | D'or- for always showing kindness to everyone.             |
| 4S | Adam- for brilliantly sharing his ideas across all subjects,        | Hayley- for consistently showing respect                      | Kayaan- for completing all his work in Maths                    | Jokubas- for trying hard to improve his work.                        | Aida- for always showing kindness.                         |



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|           |                                                                              |                                                                          |                                                                                        |                                                                                    |                                                                      |
|-----------|------------------------------------------------------------------------------|--------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|----------------------------------------------------------------------|
|           | inspiring his classmates, and bringing fantastic creativity to every lesson! | toward her peers and teachers.                                           |                                                                                        |                                                                                    |                                                                      |
| <b>5S</b> | Toby- for writing an excellent story based on the Lost things                | Layal- for being respectful to her peers and staff across the school.    | Hafsa- for successfully answers teachers questions and being engaged with her learning | Kulsumah- for not giving up being successful in maths                              | Michaela- for supporting her peers.                                  |
| <b>5D</b> | Angel- for always trying her best                                            | Afolabi- for helping all the adults in class                             | Dania- for working well during Science.                                                | David- for keeping on trying when he finds it difficult.                           | Zakkariya- for helping tidy up after Science.                        |
| <b>6S</b> | Haris- for showing great confidence when solving word problems.              | Nefeli- for always showing kindness and respect to her peers and adults. | Evelina M- for making such a positive start at school.                                 | Dawud- for not giving up when creating his Benin mask.                             | Emilis- for always helping to keep his table and the classroom tidy. |
| <b>6W</b> | Tanya- for motivating her partner during maths when it became tricky.        | Frankie- for her manner around the school.                               | Anderson- for successfully completing his homework.                                    | Sakibur- insisting on working through his lunch to understand long multiplication. | Ayden- for helping others when the maths became tricky.              |

### Certificates

| Certificate                       | Class                 | Who?                       |
|-----------------------------------|-----------------------|----------------------------|
| TTRS Gigger (Under 8 seconds)     | Jellyfish             | Matteo                     |
| TTRS Headliner (Under 4 seconds)  | Turtle                | Marcu                      |
| TTRS Rock Stars (Under 3 seconds) | Jellyfish<br>Seahorse | Elizabeth<br>Adam & Daniel |

Community, Wellbeing and Support



# ELLEN WILKINSON Primary School

Join us for a relaxing walk and a talk with our peer supporters and local families

**BECKTON DISTRICT PARK - NORTH**  
**THURSDAY 15<sup>TH</sup> OCTOBER, 10-11AM**

Meeting outside Beckton & Royal Docks Children's Centre

**LUMI NOVA**  
Help your child build confidence and self manage their worries

Get instant access:  
[luminova.app/newham](https://luminova.app/newham)

NICE  
NHS  
BxS  
Newham London

## What is Lumi Nova?

Lumi Nova is an intergalactic adventure game to support young people to fight fears and manage worries. Whilst exploring planets, customising characters and earning treasure your child breaks their fears and worries down into manageable steps, learning life-long skills and building resilience. Watch this short animated video to learn more: [Lumi Nova Introduction Video](#)



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### Who can use Lumi Nova?

Lumi Nova was created for 7 - 12 year olds (school years 3 - 7) who are having difficulties with fears, worries, or anxiety related to social situations, separation or phobias.

Lumi Nova is ideal for children who may:

- lack confidence to try new things
- seem unable to face simple everyday challenges
- find it hard to concentrate
- have problems with sleeping or eating
- have angry outbursts
- have negative thoughts about what's going to happen
- be avoiding everyday activities, eg. going to school, seeing friends
- become irritable, tearful or clingy

### How do you access Lumi Nova?

Accessing Lumi Nova is quick and easy. Use the link below to register and you will receive a text message to guide you through getting started.

[Luminova.app/newham](https://luminova.app/newham)

**We are pleased to share the latest information from Newham Best Start Family Hubs for October to December 2026, which you can download below:**

1. [Healthy Babies Brochure \(0-2 years\), October to December 2026](#)
2. [Family Hubs Timetable, October to December 2026](#)

The brochure brings together free support for families from pregnancy to age 2, including baby feeding cafés, Welcome to the World sessions, parenting courses and childcare support. The timetable sets out activities across our Family Hubs and Children's Centres this term.



You can find more information, including individual Children's Centre timetables, on their [Best Start Family Hubs website](#).

If you have any questions, please contact [familyhub@newham.gov.uk](mailto:familyhub@newham.gov.uk) or call 020 3373 2555.

St Mary Magdalene in East Ham are looking for children 7+ who would like to be in their Church choir. Rehearsals are on Wednesdays 4:30-6pm and will require a regular family commitment to come to St Mary Magdalene's church (E6 6HN) for the 10 a.m. service on Sundays.

**If interested, please contact Reverend Katherine Ward at [katherine.ward@easthamparish.org](mailto:katherine.ward@easthamparish.org)**